

Welcome to Cecil's Men's Hub

The 'Virtual Men's Gathering'

YOUR JOURNEY BEGINS



Feedback

Volume 3, Issue 33

\$2

What's Happening in Men's Work in March 2021

The Monthly Newsletter of Cecil's Men's Hub

What's in this Newsletter from Cecil's Men's Hub

- Welcome
- Newsletter Paid Download
- Calendar Improved
- Men's Coaches/Mentor Articles
- Guest Articles
- Special Annual Events
- Month Specific Events
- Regular Online Events
- Regular Content
- Yearly Men's Gatherings

Hi Guys,

Welcome to the latest edition Newsletter from Cecil's Men's Hub ~ The Virtual Men's Gathering and Worldwide Men's Group Directory.

"Please. remember this is a Comprehensive newsletter and not a brief read."

It includes what is happening within Men's Work in the next month, but also regular events and brief details of every Men's Gathering for the whole year. There are extra details to be found via the links in every event.

Thanks for your time in reading this update, please visit [Cecil's Hub ~ Worldwide Men's Group Directory](#), and [Cecil's Hub ~ The Virtual Men's Gathering](#), please share it with your Networks and encourage all Men and Men's Groups to get involved.

My Core Values are:

* Purpose * Steady * Growth

*Connect with 10 Million Men, to make a difference in their Health and Lives.
To help them integrate, embody and educate, and raise the overall awareness
of Men's Mental and emotional health..*

NEWSLETTER PAID DOWNLOAD

If you are reading this, I want to **thank** you, as you have obviously decided to pay the \$2 and contribute to my work.

Helping to pay it forward

A monetary amount of 10% from all monthly downloads will be donated to an Organisation on the list below, that supports the growth and development of Men's Health. This will change on monthly basis. Every Man that downloads and supports my purpose and will be supporting Men's Health.

- [Beyond Blue](#)
- [Movember](#)
- [Men's Wellbeing](#)
- [E.J. Whitten Foundation](#)
- [AMHF \(Australian Men's Health Forum\)](#)
- [The Banksia Project](#)

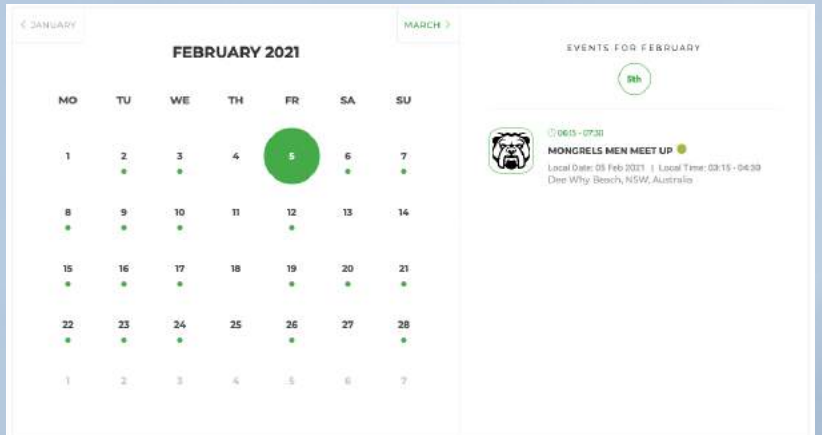
If you feel that another charity could benefit from this regular donation, please contact me on newsletter@CecilsMensHub.com with your recommendation.

For every individual newsletter that gets downloaded, I will donate 10% to a nominated Charity above.

This gives me an ROI for the huge amount of work/time that I devote to my passion and make my whole brand sustainable, and enable me to continue towards my purpose to connect with *10 Million Men, to make a difference in their Health and Lives. To help them integrate, embody and educate, and raise the overall awareness of Men's Mental and emotional health.*

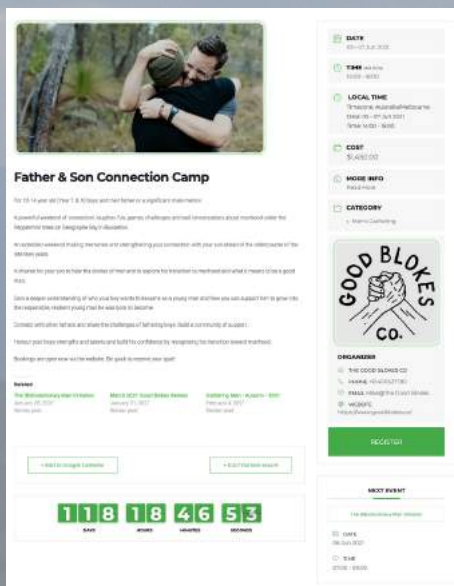
ONLINE CALENDAR IMPROVED

The Monthly Events Calendar has changed, with some great new features in a more easily viewed and streamlined calendar.



An event view ability to Share to Social Media, with all details with a count-down timer until the event.

A New front-end submission form for my end-users to submit their event to be promoted.

[illegible]

Full details shown on the event page

MEN'S COACHES/MENTOR & GUEST ARTICLES

Over the next few editions of the monthly newsletter, I will be introducing an article from a guest writer on a specific Men's related topic. I will be getting a reputable Men's Work Coach/Mentor to offer a short video and introduction to their library to help Men

If you know of anyone that could write an appropriate article for the newsletter, then please get in contact with me at newsletter@CecilsMensHub.com.

If you know of a Men's Coach/Mentor that you have from personal experience, or recommendation then please get in contact with me at newsletter@CecilsMensHub.com.

SPECIAL ANNUAL EVENTS

There are no special annual events in March.

MONTH SPECIFIC EVENTS



2021 Tasmanian Men's Gathering

WHEN:	Date: 5th - 8th Mar 2021 Time: 15:00 - 16:00
WHERE:	Spring Beach Youth Camp 138 Happy Valley Rd Spring Beach TAS 7190
CONTACT:	Admin Office 0423 353 752
EMAIL:	barryfleming1@gmail.com
WEBSTE:	https://tasmen.org.au/tasmanian-mens-gathering/
COST	\$460

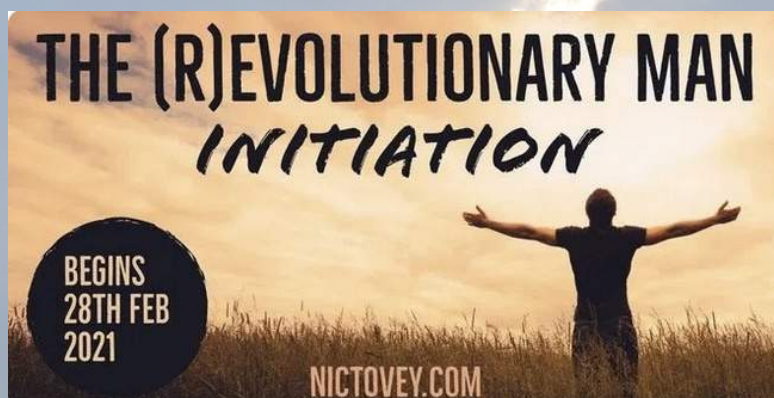
Connect to your heart in the company of non-judgemental, authentic men. We will be in a beautiful beachside facility called Spring Beach Youth Camp, South of Orford. More Information ...



Free Fridays : ReFraming Anger 2021

WHEN: Date: 5th Mar 2021 Time: 19:00 - 22:00
WHERE: Second Story Studios 222 Johnston St Collingwood VIC 3066
CONTACT: Gero von Ardekas +61401357752
EMAIL: Gero@TheArtofRelating.com.au
WEBSTE: <https://www.theartofrelating.com.au/>
COST **FREE**

You'll leave with new perspectives on the role Anger can play in your life including how you can draw on Anger to: * build and strengthen relationships * align with, and go for, what you want * to remain grounded and centred * shift your state from indecision to clarity * fuel your passions [More Information ...](#)



The (R)Evolutionary Man Initiation

WHEN: 28th February to 13th June 2021 Time: 07:00 - 09:00 - 16 Weeks
WHERE: Online
CONTACT: Nic Tovey +61404850143
EMAIL: nic@nictovey.com
WEBSTE: <http://www.nictovey.com/>
COST \$2222 - 4 Monthly Payments of \$595 available

We are living in a really exciting and challenging chapter in the human story. The world of manhood has never looked the way it does today. The landscape of gender and sexuality has dramatically changed over the last 50 years and we're all still working out how to navigate this strange new world. [More Information ...](#)



‘Working with Shame’ Series – Dr Tony Webb Webinar

WHEN: 10th March 2021 Time: 19:30 - 21:00
WHERE: Online
CONTACT: Yuying Lim – Mobile: 0404 897 247
EMAIL: yuyinglim@mensgroup.melbourne
WEBSTE: <http://www.mensgroup.melbourne/>
COST **FREE**

This Shames Series starts with this online webinar, followed by an online sharing discussion, and then culminating in a face-to-face experiential-educational workshop which has already been delivered to over 2000 people.

[More Information ...](#)



Relationship Skills Course (6 week program)

WHEN: 10th March 2021 Time: 19:00 - 21:00
WHERE: Currawong Bush Park, 269-Reynolds Rd, Doncaster East VIC 3109
CONTACT: Melbourne Men's Group Inc 1300 96 7474
EMAIL: info@mensgroup.melbourne
WEBSTE: <http://www.mensgroup.melbourne/>
COST \$98.00

In a small group setting, you will learn: * How to manage your emotions. * What helps to make relationships last and what puts relationships at risk. * About your relationship style * Skills to manage conflict * How to communicate in clear, healthy ways Relationship building skills. This course is delivered in 6 x 2-hour sessions and is open to both men & women (whether single or partnered) who want ...

[More Information ...](#)



TRE Workshop SYDNEY 1-Day

WHEN: 13th March 2021 Time: 09:00 - 15:30
WHERE: Crows Nest Centre, Ernest Place, Crows Nest NSW
CONTACT: Richmond Heath +61409357964
EMAIL: treaustralia@hotmail.com
WEBSTE: <https://www.treaustralia.com/>
COST \$345.00

This workshop is suitable for beginners & is open to anyone wanting to learn TRE for their ongoing personal use. People who have already learnt TRE are also welcome to attend with re-attending discounts available. [More Information ...](#)



TRE Workshop BRISBANE 1-Day

WHEN: 14th March 2021 Time: 09:30 - 16:00
WHERE: Lavalla Centre Brisbane 58 Fernberg Rd, Paddington, Brisbane, QLD 4064
CONTACT: Richmond Heath +61409357964
EMAIL: treaustralia@hotmail.com
WEBSTE: <https://www.treaustralia.com/>
COST \$345.00

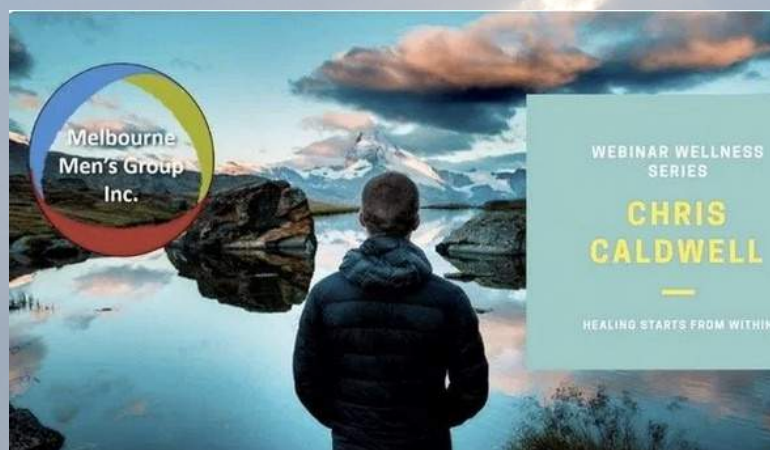
This workshop is suitable for beginners & is open to anyone wanting to learn TRE for their ongoing personal use. People who have already learnt TRE are also welcome to attend with re-attending discounts available. [More Information ...](#)



Traditional Wooden Longbow Making in Apollo Bay

WHEN: 21st - 22nd March 2021 Time: 10:00 - 17:00
WHERE: Apollo Bay, Victoria 3233
CONTACT: Lars Richter +61402322200
EMAIL: lars@narrativeyoga.com.au
WEBSTE: <https://narrativeyoga.com.au/>
COST \$395.00

You will come away from the workshop with the knowledge and skills to make your own longbow. You will learn how to make a bowstring that perfectly complements your own bow and understand the art of tillering, the process of carefully removing wood to cause the bows to bend in optimal arcs. [More Information...](#)



Working with Altered States – Chris Caldwell Webinar

WHEN: 24th March 2021 Time: 19:30 - 21:00
WHERE: [Online](#)
CONTACT: Melbourne Men's Group Inc 1300 96 7474
EMAIL: info@mensgroup.melbourne
WEBSTE: <http://www.mensgroup.melbourne/>
COST **FREE**

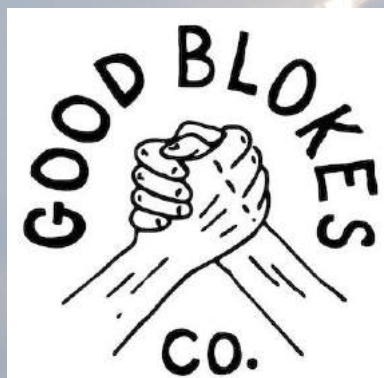
Chris Caldwell is a counselling psychologist, supervisor, teacher and group facilitator with over forty years' experience in the field of healing and personal development. His extensive professional history ... [More Information...](#)



Gathering Men • Autumn • 2021

WHEN: 26th - 28th March 2021 Time: 15:00 - 18:00
WHERE: Tanderrum - Shpgards Flat 181 Lithia Lane, Shepherds Flat, VIC 3461
CONTACT: Gathering Men +61414 827 556
EMAIL: connect@gatheringmen.org
WEBSTE: <https://gatheringmen.org/>
COST [\\$563.00](#)

In early Autumn 2021, we're heading back out On-Country. To the place, it all began. The best news? You're invited. We'll be gathering at tanderrum, a stunning 100-acre property on sacred Jaara - Dja-Dja-Wurrung Country. Near Hepburn Springs in the shadow of Lalgambook (Mt Franklin). We are 90 minutes from Melbourne. 10 minutes from Daylesford. This land has called in & safely holds our gatherings. ... [More Information ...](#)



March 2021 Good Blokes Retreat

WHEN: 26th - 28th March 2021 Time: 15:00 - 17:00 WA Time
WHERE: Donnelly River Village, Donnelly River Village, Donnelly River WA
CONTACT: The Good Blokes Co +61400527780
EMAIL: Mike@The Good Blokes
WEBSTE: <https://www.goodblokes.co/>
COST [\\$795.00](#)

The Good Blokes retreat is an Immersive #BlokeSkills training weekend for men. It's an opportunity to take a breath amongst the Karri trees, reconnect to purpose, build a network of men committed to a better way to bloke and simultaneously gain the knowledge, skills and confidence to build a healthy culture and stronger connections for men and boys in your community. [More Information ...](#)



Online Men's Gathering

WHEN: 26th - 28th March 2021 Time: 18:55 - 14:00 AEDT
WHERE: Online
CONTACT: Online Men's Gathering +61409357964
EMAIL: Richmond@TREAustralia.com
WEBSTE: OnlineMensGathering.com
COST: Pay What You Can \$0 - \$10 - \$20 - \$50,
If you can't, come for free. We'd still love to have you!

'Men across societies and the ages have always come together to pass on the knowledge, clues, tools and secrets of being vibrant, dynamic Men in the world. We are continuing this tradition.'

It's going to be awesome this event, help Men in your Networks to connect & share, and gain some valuable insights, into themselves and others.

3 Days: Keynotes | Workshops | Sharing Circles | Networking

(From OnlineMensGathering.com/)



Traditional Wooden Longbow Making in the Adelaide Hills

March 27 @ 10:00 am - March 28 @ 5:00 pm | \$350 - \$395

Traditional Wooden Longbow Making in Adelaide Hills,

WHEN: 26th - 28th March 2021 Time: 15:00 - 17:00 WA Time
WHERE: Adelaide Hills, South Australia
CONTACT: Narrative Yoga, +61402322200
EMAIL: lars@narrativeyoga.com.au
WEBSTE: lars@narrativeyoga.com.au
COST [\\$395.00](#)

You will come away from the workshop with the knowledge and skills to make your own longbow. You will learn how to make a bowstring that perfectly complements your own bow and understand the art of tillering, the process of carefully removing wood to cause the bows to bend in optimal arcs.

[More Information...](#)

REGULAR AND ONLINE EVENTS ...



Mongrels Men Meet Up

WHEN: Monday 1st, 8th, 15th, 22nd, 29th March 06:15 - 07:30 Weekly
WHEN: Wednesday 3rd, 10th, 17th, 24th, 31st March 06:15 - 07:30 Weekly
WHEN: Friday 5th, 12th, 19th, 26th, March 06:15 - 07:30 Weekly
WHERE: Dee Why Beach, NSW, Australia
CONTACT: Instagram @ Facebook @mongrelsmen
EMAIL: mongrelsmen@gmail.com
WEBSTE: <http://www.mongrelsmen.com>
COST **FREE**

Come join us for a sunrise walk, run, swim, surf, coffee & chit chat every Monday, Wednesday & Friday. Meet us at Dee Why Beach Steps at 6.15 am.



Men with Spirit Men's Group

WHEN: Monday 1st, 8th, 15th, 22nd, 29th March 19:00 - 31:00 Weekly
WHERE: 52 Kars St, Frankston VIC 3199, Australia
CONTACT: Peter Anthony - 0419 440 665 Steve Angel - 0418 143 969
EMAIL: connect@menwithspirit.com.au
WEBSTE: <http://www.menwithspirit.com.au/>
COST **1st Group FREE - \$20 After**

A different style of Men's Group ... Men helping Men thrive.

Men with Spirit is a weekly group for men who are looking for deeper meaning in their lives. We help men get out of their heads and into their hearts. We help men connect to their feelings and learn how to express honestly and openly. We are guided by a set of personal and non-religious spiritual values that promote equality, honesty and expression without judgement.

These small group gatherings are aimed at men of any age who are ... [More Information](#)
Those interested visit here to [register](#):



Men's Leadership ALLIANCE

WHEN: Mondays 3, 15 & 29, Thursdays 11 & 25, Fridays 5 & 19 March

WHERE: Online - Times Vary

CONTACT: Teddy Churchill 970-618-3376

EMAIL: tchurchill@mensleadershipalliance.org

WEBSTE: <https://www.mensleadershipalliance.org/us/>

COST **FREE** Donations are Welcome

The Men's Leadership Alliance is committed to helping men achieve greatness in their lives. In a circle of trust, courage, and power, we challenge men to live fully in their maturity, with the support of their brothers. We help men meet the demands of their lives by aiding men in defining a healthy masculine self. This redefinition of masculinity cultivates generativity and compassionate strength so men can impact their families, workplaces and communities in positive ways. [All Days Men Ages 18+. More Information ...](#)



Menswellbeing ~ Common Ground

WHEN: Monday, Tuesday, Thursday in March 19:00 - 21:00

WHERE: Online and Physical Open Men's Groups

CONTACT: Nicholas Dob +61424 146 005

WEBSTE: <https://menswellbeing.org/omg/>

COST **FREE**

OMG MOMENTS - ...Men...Him...Us...Me...Namaste and good health to you, OMG's are here for your wellbeing and in turn, benefiting others.* BE REWARDED * IT'S EASY * IT'S FREE

What's happening in your life? Come along, connect and reap the benefits of sitting in a circle. You've been there before, you know the benefits, now it time to do it againdon't just say you will! We want to connect with you too. Join our OMG meetings to experience the wholesome opportunity to connect with good men ...More Information: <https://menswellbeing.org/omg/>



Men Talking About Feelings. AGW

WHEN: Tuesday 2nd, 30th 18:30 - 22:30 (Every fortnight)
WHERE: The Good Brew Company, 54 Hope St, Brunswick VIC 3056
CONTACT: Dean O'Callaghan and Men talking about Feelings
COST **FREE**

BYO pizza ingredients. crafty beers, cocktail makings, table tennis bats.. or just yourself. pizza, kombucha and table tennis provided.



Kulin Open Group for Men

WHEN: Tuesday 2nd, 9th, 16th, 23rd, 30th March - 18:30 - 21:00 Weekly
WHERE: Online 2nd, 16th, 30th March
WHERE: In-Person - 9th, 23rd, Ashmore Street, Brunswick VIC
CONTACT: Demian Natakhan 0468 309 863
EMAIL: info@mkpvc.com.au
WEBSTE: http://mkpvc.com.au
COST **FREE**

We are open for all Men to come along and take a fresh look at their own lives in a safe, powerful and confidential way with other men on their journey. The purpose of this group is to create a safe AND challenging place for men to find support and solutions in becoming better fathers, son's, husbands, professionals, partners and more. More Information ...



Melbourne Men's Group

WHEN: Tuesdays 2nd, 9th, 16th, 23rd, 30th March 19:30 - 21:30

WHERE: North Fitzroy, Highett, Werribee South, Warrandyte

CONTACT: MMG on 1300 96 7474

WEBSTE: MensGroup.Melbourne

COST **FREE**

A not for profit, volunteer organisation established by men for men in 1998. Open to any man of any age, we support personal growth, well-being and enhanced community. We offer authentic communication and connection, minimising the isolation many men experience through free, open, weekly men's group meetings, mentoring and transformational learning programs. There are no political or religious affiliations and new participants are very welcome. Contributions welcome.

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More Information ... 4 Chapters of Groups across Melbourne: Central, Eastern, Southern and Western



Island of Men - Men's Sharing Circle

WHEN: Wednesday 3rd March 19:30 - 21:30

WHERE: Online

CONTACT: <https://www.facebook.com/IslandOfMen>

EMAIL: mikey@islandofmen.com

WEBSTE: Islandofmen.com

COST **FREE**

A monthly gathering and heart circle to connect with the IOM brotherhood. A space to check-in, share, be heard and be held in a safe container. Island of Men (IOM) is a not-for-profit organisation dedicated to creating transformational spaces for men. Our belief is simple; men's work to support men, women and the wider community. Zoom link will be emailed to you 30 minutes before the event commences. [More Information ...](#)



Complete Men Group

WHEN: Wednesday 3rd March 19:00 - 21:00
WHERE: In-Person Wednesday & Thursday Online
CONTACT: Tim on 0422 508 533
WEBSTE: www.completemen.org/mens-groups.html
COST **FREE**

MEN SUPPORTING MEN - More and more men are rediscovering joy, connection, and purpose in their lives through the simple practice of sitting in a circle and being real with other Men. To see what other Men have found in these groups, check out <http://www.completemen.org/mens-groups.html> Complete Men have 4 Online Groups every week. Monday, Wednesday & Thursday evenings and Friday lunchtime. Using the Zoom app, we are able to have up to 16 men join a virtual Men's group for 90 minutes.



Build a Brotherhood - Men's Group

WHEN: 1st and 3rd Thursdays of the Month 18:30 - 20:00
WHERE: Mooroolbark Eastern Suburbs, Melbourne
EMAIL: Build a Brotherhood admin@buildabrotherhood.com
WEBSTE: <http://BuildaBrotherhood.com>
COST **FREE**

The facilitator lost their brother to suicide which made me realise the lack of support for men's mental health. We are trying to build a brotherhood to help put an end to men suffering in silence.

We welcome all Men to come to join us for our Brotherhood meet up. Men come for support, to share their experiences or to listen. Bring a chair, snacks and soft drink. [More Information...](#)

Mankind Project - iGroups Online

WHEN: All days except Saturdays in March - Times Vary
WHERE: Online Open Men's Groups
CONTACT: 1300 948 947 Varoious Facilitators
EMAIL: info@mankindproject.org.au
WEBSTE: <https://mankindproject.org.au/>
COST **FREE**

Face-to-face MKP Men' circles, or iGroups, have been suspended for the duration of the coronavirus health and safety restrictions. However, many groups are now meeting online, using the Zoom platform. To join a meeting, find the group, click to open and identify the group coordinator, and phone or text him for group conditions and how to access their Zoom number.



Men's Group Online

WHEN: 15 Men's Group per Month
WHERE: Online
CONTACT: Craig Wyld 03 8658 4080
EMAIL: craig.w@mensgrouponline.com.au
WEBSTE: MensGroupOnline.com.au
COST **FREE FOR 2 WEEKS** then Charges Apply \$47 per month

Men's Group Online is a social enterprise that supports an online membership community (tribe) of men. It's a safe, non-judgemental space for you to connect, share and find support. As a member, you will meet via Zoom online video in small groups (max 12 men).

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Current Men's Group Online Schedule: Every Sunday 5:00 pm Brisbane Time

Welcome to MGO - Induction Session - 60 Mins Every Sunday 6:45 pm Brisbane Time

Men's Group Online (MGO) Session - 120 Mins Every Tuesday 6:45 pm Brisbane Time

Men's Group Online (MGO) Session - 120 Mins Every Thursday 1:15 pm Brisbane Time

Men's Group Online (MGO) Session - 120 Mins [More Information...](#)



Online MenCheck-in ~ Mini-Men's Groups

WHEN: Lunchtime every day in March - Times Vary

WHERE: Online Open Men's Groups

CONTACT: Email Below

EMAIL: info@mensgroups.co.uk

WEBSTE: <https://mensgroups.co.uk>

COST **FREE** Donations are Welcome

MenCheck-in was launched in response to the Coronavirus pandemic. It is currently running online every weekday at lunchtime by donation. This mini-men's group is a great space to share whatever's on your mind, release some pressure and connect with others. Up to nine men per group, though we split into smaller groups led by different facilitators if numbers are high. **FREE** Quickstart Guide for those who wish to start their own men's groups <https://mensgroups.co.uk/quick-start-guide/>



MenSpeak Men's Groups (Online)

WHEN: Daily Check-ins every day in March - Times Vary

WHERE: MenCheck-In

CONTACT: Email Below

EMAIL: info@mensgroups.co.uk

WEBSTE: <https://mensgroups.co.uk>

COST **FREE** Donations are Welcome

A MenCheck-In is a great space to share whatever's on your mind, release some pressure and connect with others in a confidential and non-clinical space. MenCheck-In was launched in early 2020, in response to the Coronavirus (COVID-19) pandemic and lockdowns around the world. It's one hour, mini-men's group currently running online every day, Mon-Sat 12.30 pm-1.30 pm, Sun 10.30 am-11.30 am. We start with two minutes of silence, followed by brief introductions, including how you're feeling at this moment. (You are under no pressure to share and can say "pass" at any time.) [More Information ...](#)



Free BBQ's now online

WHEN: Saturdays and Sundays in March varied times (Please Check)

WHERE: BBQ's for Community & Connection

CONTACT: Terry Cornick

WEBSTE: <https://mrperfect.org.au/>

COST **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found there was something missing in the support he accessed. Ironically his best mate called him “Mr Perfect” for years without knowing his struggle.

Mr Perfect is a grassroots charity that brings men together at BBQs in local parks across Australia, to create community and connection. BBQ's subject to change, check the site before attending. [More Information...](#)

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ACT Barton, Canberra, Gungahlin, Canberra.

NSW Bathurst, Castle Hill, Central Coast, Coogee Beach, Cronulla, Sydney, Maitland, Hunter Region, Manly, Newcastle, Newtown, Inner West Sydney, Narellan, Western Sydney, Parramatta, Western Sydney, NSW, Surry Hills, Central Sydney, Taree, Windsor, NW Sydney, Wollstonecraft Sydney.

QLD Burleigh Heads, Gold Coast, Caboolture, Sunshine Coast, New Farm, Brisbane, Paddington, Brisbane City, Townsville.

TAS Ulverstone.

VIC Benalla, Victoria, Echuca, Vic, Lilydale

WA South Perth, WA

REGULAR AND ONLINE EVENTS ...

Cecil's Men's Hub ~ Men's Groups Worldwide Directory



Did you know that my Cecil's Men's Hub ~ Men's Groups Worldwide Directory is ready and available, please visit to see how this platform can help change Men's lives and connect them to Men's Groups on a regular basis.

The Directory (over 450+ Men's Groups already) will initially cover Australia with Groups from London, UK, Ireland, Canada, Singapore, Austria and North America.

* Some of the Groups are under a 'Claims Listing', this will enable existing Men's Groups that find their Group to 'Claim' it as their own as a 'FREE'

Basic Group or upgrade to a 'Paid' Plan & gain extra benefits/features.

WHAT'S AVAILABLE?

The Directory will allow Men to search for their nearest Men's Group to their location **FREE** of charge!

It will enable any existing Men's Groups Worldwide to register a **FREE** to join and get a 'Basic' listing, they get listed in seconds, this will give them a low priority 'GoogleMaps ® Pin' search result, and this will be under 1 particular Association.

Some Men when searching for a Men's Group, have heard of a particular Men's Group type or Association.

It's for this reason that I have created Categories for each of the common ones to be used in the Search Bar, this will 'Auto-Fill' as the user types. Currently, there are 14 Associations that each Men's Group can be listed under, depending on their style of facilitation/origin that they follow.

THESE INCLUDE:

- * Australian Men's Shed Association, * Complete Men
- * Canadian Men's Shed Association, Individual Group,
- * Mankind Project (MKP) - Australia/UK/Canada,
- * Men's Wellbeing ~ Common Ground Trained, * Melbourne Men's Groups,
- * Menenergy Men's Group Network, * MensWork Project (Incl),
- * MensSpeak Men's Groups (UK), * Men's Team,
- * OM:NI (Older Men: New Ideas), * The Male Journey Ltd,
- * UK/Ireland Men's Shed Association.

Please read the full version of the launch document [here](#).

YEARLY MEN'S GATHERINGS ...

WHAT IS MEN'S GATHERING?

A Men's Gathering is where you can connect with other Men, from all backgrounds, religions, political and sexual persuasions. These gatherings offer a safe, non-judgmental, supportive space where men can explore the connections, modalities, challenges and exercises that facilitate real and lasting change. They all offer high-quality workshops from varied Modalities, that you are free to take part in as many or few as you wish. This is your time, to use as you wish but hey, why not take advantage of the experience? There are currently **15** Yearly Men's Gatherings as part of Open Ground training per year in Australia, plus others that are not part of the Common Ground training, and one in New Zealand.

MEN'S GATHERING BY MONTH

JANUARY



SYDNEY MEN'S FESTIVAL

The Sydney Men's Festival is a chance to talk, relax, participate in and run workshops with other men. The Festival is an annual event held at the end of January each year on the second last full week of the school holidays. The Festival is open to all men regardless of colour, creed, religion, sexuality, profession or employment status.

Affinity Groups

At the previous festivals, we have formed small groups to provide support and companionship. These affinity groups have provided a focus for each of us to share our experiences throughout the Festival. The groups take turns in preparing meals, washing-up and cleaning.

Workshops

Anyone at the Festival can present a workshop. In previous years, workshops have explored such issues as men's health, love, fear, shame and guilt, spirituality, anger, wild man, meditation, community, initiation, parenting, touch, sexuality and sensuality, wrestling, singing, massage.

Food

The first meal of the festival will be served at dinnertime on Sunday. For cost and health, meals are mainly vegetarian, sometimes with meat options, and are organised by the affinity groups with the help of the food coordinator. You are welcome to make arrangements if you have a special diet.

Activities

The camp is in bushland overlooking the Georges River, so there is plenty of opportunity for swimming and bushwalks. A cabaret is normally held on Saturday night.

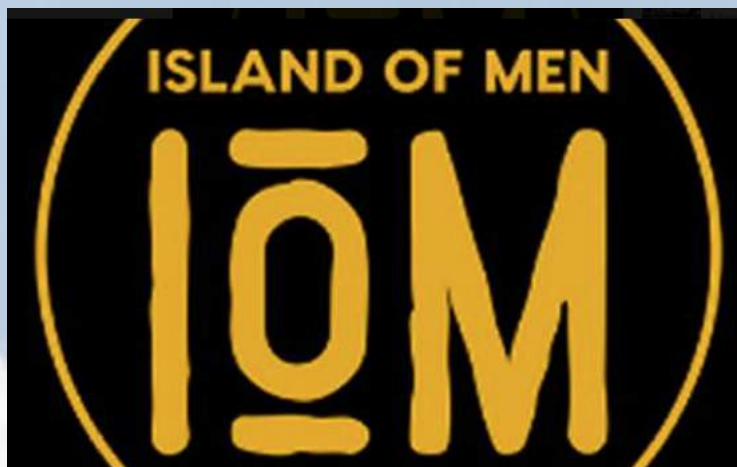
Accommodation

Only a limited number of bunks with the mattress are available in dormitories or cabins, so please bring your own sheets and pillow. Also as a backup, please bring a tent, sleeping bag, pillow and mattress. [Read more...](#)

FEBRUARY

No Gatherings currently ...

MARCH



ISLAND OF MEN ~ MELBOURNE

Four per year, March, July and November, December

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with self, community and nature. We are excited to announce that this event will be unlike any island before. We have an incredible new location, new facilitators and a brand new program.

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IOM is a unique experience that provides something different for each individual.

For some men, it is a welcome reprieve from the pressures of life, a lifting of the weight of expectation that has been placed on them by work, family and society.

The IOM experience can be somewhat difficult to describe, so rather than trying to hammer a point home, have a read of what past attendees have said about their Island experience.

"What a day!

A fantastic experience to be surrounded by so many amazing hu-men. The workshops were great, the love felt by all, the power of the Sacred Heart circle. This is a much-needed facility in a time where I, as a man, realise it's on me to create the change I want for myself and my surroundings. And to spread that change to all men around me. A powerful tool to claim back our masculinity.

"What an amazing day. Very full and heavy heart by the end, in a very good way!"

Truly powerful and inspirational work behind the guys that brought this beautiful space together. What an Honour it was to be apart of this event !! An absolute must for Men - Please do more.

"A great day organised by great people, I went in hungover and came out inspired!"

(From IOM <https://islandofmen.com/>)



TASMEN MEN'S GATHERING 2021

Friday 5th – Monday 8th March

Connect to your heart in the company of non-judgemental, authentic men. We will be in a beautiful beachside facility called Spring Beach Youth Camp, south of Orford. That means less travel for our 'Interstaters', with plenty of space, privacy and easy access to the beach. These are modern facilities with better showers, easier catering and bunk beds for 100 men. There will be great food and you will meet great blokes. Covid safe procedures will be in place. From 3 pm Fri.

If you have any questions email Barry Fleming, our 2021 Gatekeeper: barryfleming1@gmail.com

(From <https://tasmen.org.au/tasmanian-mens-gathering/>)



Friday 26th – Sunday 8th March

'Men across societies and the ages have always come together to pass on the knowledge, clues, tools and secrets of being vibrant, dynamic Men in the world. We are continuing this tradition.'

It's going to be awesome this event, help Men in your Networks to connect & share, and gain some valuable insights, into themselves and others.

We have many Workshops already confirmed for the first Online Men's Gathering (OMG).

3 Days: Keynotes | Workshops | Sharing Circles | Networking

Cost:

Pay What You Can \$0 - \$10 - \$20 - \$50,

If you can't, come for free. We'd still love to have you!

(From OnlineMensGathering.com/)

APRIL



ISLAND OF MEN ~ HOBART

Once per year, April.

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with Self, Community and Nature.

We are excited to announce our upcoming event, 'IOM -

This is Me' will be occurring on December the 7th at Cataract Scout Park.

IOM is a unique experience that provides something different for each individual.

See the above IOM ~ Melbourne for more details...

There will be updates and instructions on the IOM Facebook page (facebook.com/islandofmen) leading up to the event so make sure you like the page to ensure you are receiving updates.

Looking forward to seeing you at 'Island of Men - This is Me' (From IOM <https://islandofmen.com/>)



ISLAND OF MEN ~ SYDNEY

Two per year, April and December

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with Self, Community and Nature.

We are excited to announce our upcoming event, 'IOM -

This is Me' will be occurring on December the 7th at Cataract Scout Park.

IOM is a unique experience that provides something different for each individual.

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There will be updates and instructions on the IOM Facebook page (facebook.com/islandofmen) leading up to the event so make sure you like the page to ensure you are receiving updates.

Looking forward to seeing you at 'Island of Men - This is Me' (From IOM <https://islandofmen.com/>)

MAY



Manshine 2021 is Friday 30th April – Monday 3rd May 2021

When the landscape has been burned and scarred, it may look to be alien, uninviting and desolate. In the natural world, a charred landscape can enable something fresh, new and energetic to emerge. Order can come from chaos.

Our landscape can regenerate.

How is your landscape doing?

Manshine 2021 has workshops to energise, question and explore – all the tools you need to help seed your own regeneration.

At Men's Wellbeing, we pride ourselves on supporting men through whatever they are going through, whether they are flourishing and looking to enrich their lives or they have hit a crisis and are reaching out for help. You will find men from many different backgrounds and experiences all coming together for the long weekend in May to help support one another along the journey. [Read more ...](#)



EVERYMAN MEN'S GATHERING

Twice per year, May and November

When: See dates and times in specific months events

Where: Camp Eureka 100 Tarrango Rd Yarra Junction, Vic 3797 Australia

“Everyman” this successful event is on again at Camp Eureka.

Join us over three days to reconnect with yourself, others and nature.

The intention for Everyman Gatherings is to co-create a space where men, having the desire to share themselves deeply and authentically, can connect, support and challenge one another towards greater self-empowerment, intention, self-awareness and self-responsibility, whilst nurturing deeper respect and connection to nature and each other. [More Information ...](#)

JUNE



SYDNEY NATIONAL MEN'S GATHERING

11th – 14th June 2021

'Lost' 'In life's journey, how do we know if we're going the right way?'

Even if we keep following all the usual signs will the safe, comfortable, familiar path ever really satisfy us? If we got lost would we find only fear or also help from strangers and from our own unexpected inner strengths.

At "Lost" 2021, we will endeavour to get lost together and to find more of ourselves. [More Information ...](#)

Check-in: from 4 pm to 6 pm on Friday 11th June

Check out: 3 pm Monday 14th June

Venue: Karuna Sanctuary, Saywell Road, Katoomba, NSW 2780

JULY



Bedrock is hosted by our Elders Circle. Bedrock is unlike any other Gathering. Bedrock is largely unstructured.

Conversations go where they need to go.

What needs to be discovered and revealed – happens.

We sit in the presence and magic of The Rock, under the towering escarpment and the mysterious gums.

Bedrock is a smaller, more intimate, and unique Men's Wellbeing gathering held annually at The Rock. This invitation is to men of all ages who are open to new learnings and seeking to deepen their maturity, their relationships, and also have fun and dine on exquisite food!

Bedrock is limited to 50 participants and promises to be full of meaningful experiences, frivolity, musical sensation, poetry and shared wisdom. [More Information ...](#)

See Island of Men ~ Melbourne

AUGUST



Get more out of life

Whether your life is working well or you have some things to sort out, you will find that attending an Essentially Men workshop will provide you with powerful resources for your journey of personal discovery and growth.

Renewal, change, understanding...freedom

Thousands of men from all over New Zealand and all walks of life have found this outstanding programme a powerful catalyst for renewal and change.

So will you. You will build trust and feel safe. You will get a deeper understanding of yourself and will leave with the freedom to be the authentic you. These are not just talking workshops – they are potent experiences that will wake you up, give you skills, and change your life.

Men Being Real – Deep healing and inner authority. We can understand the roots of anger and depression and connect with our inner authority. (from <http://www.essentiallymen.net/>)

[More Information ...](#)

SEPTEMBER

No Gatherings currently ...

OCTOBER



MENERGY MEN'S GATHERING

Menergy is the Victorian arm of a national not-for-profit organisation Men's Wellbeing that has been providing men's events and men's support groups for over 20 years.

Menergy is an all-inclusive 3 day Men's Gathering wilderness retreat that provides workshops and ritual around celebrating masculinity and helps men discover more of themselves in a nurturing, supported and trusted way. The detailed program we run has been developed for over 15 years and has seen thousands of men grow and learn through this process.

At the heart of a Menergy weekend is the opportunity to attend and partake in many of the myriads of workshops that are focused on Men's health and wellbeing. These workshops help men to be empowered in our masculinity through vulnerability, support, and a greater understanding of trusting ourselves and our unique gifts as men. (from Menergy.org.au)



MAN ALIVE

MAN ALIVE Men's gathering is a weekend away just for men - all men. Away from work, family and social commitments you can spend your time being instead of doing. MAN ALIVE open to all men from any background, religious, political or sexual persuasion. We encourage men to be real with themselves and others in a supportive and non-judgemental environment.

You can expect a warm welcome and plentiful conversation and laughter, with many opportunities to get to know yourself and others in a strongly grounded space of respect, growth and trust. We run our gatherings based on the concept of Open Space - where you can offer to host a session, ask for a specific session to be run, or participate where you are called to. This gives us the chance to co-create an agenda for the weekend that suits where we are all at. We also have components of ceremony and home groups, which support us to connect as a whole community and make sense of what we are learning together. [More Information ...](#)



MANHOOD

Manhood Men's Gathering is a not-for-profit men's community event with facilitated workshops, groups, activities and social time. The theme this year is Explore Healthy Masculinity – where each man is invited to define for himself what it means to be a better man in today's world.

The culture is open, accepting, warm and non-judgemental. Every man is welcome and can expect to learn and share equally. Come along and share your story and listen to the stories of other men. Deep respect is asked and given.

The gathering is held at beautiful Camp Bornhoffen, Numinbah Valley in the McPherson Ranges of the Gold Coast Hinterland. Retreat to mountain country, fresh air, a mountain stream with a waterfall, bonfires and spectacular views. (from ManHood.org.au)



SOUTHERN MEN'S GATHERING

The Southern Men's Gathering, October 16th to 18th 2020, is a Men's only event created to improve the emotional wellbeing of men.

The theme for our very first gathering is “Share the Journey” and as such, participants will share a beautiful weekend of connection, openness, authenticity, depth, support, respect and trust as they experience a range of different exercises and activities designed to allow them to explore their self-concept.

We invite you to join us in exploring your own unique expression of positive masculinity.

We hope to see you there?

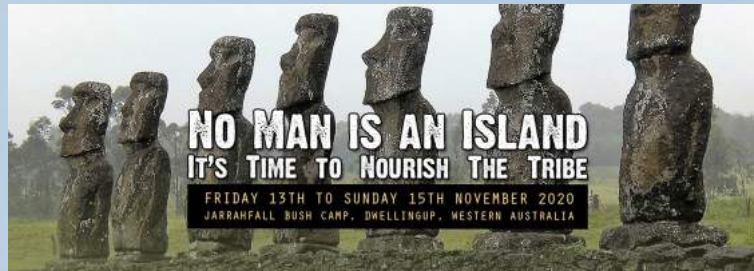
The Southern Men's Group is a voluntary organisation where men meet regularly to support one another to develop a healthy expression of their masculinity in the Fleurieu community.

SMG, in association with Tasmen and Henley Beach Mankind Project South Australia is now launching an annual gathering, the first of which is a 2-day residential experience in the heart of the beautiful Fleurieu Peninsula. [Read More ...](#)

NOVEMBER

See EveryMan Men's Gathering above ...

See Island of Men ~ Melbourne above ...



WEST AUSTRALIAN MEN'S GATHERING

Introducing the WA Men's Gathering 2020

“No Man is an Island: It's Time to Nourish The Tribe”

Well, it's certainly been a year to remember. Or maybe forget? How fortunate are we in WA; by good luck and/or good management, we remain free of community spread. So at this stage, we can confirm that the 2020 WA Men's Gathering will go ahead on November 13th – 15th.

In short, the Gathering is a live-in weekend, organised by every-day blokes, for men only. It provides a safe and supportive environment to explore current issues, tell their story, and have some fun together. It has been held in Perth every year since 1995.

Participants listen to guest speakers, attend experiential Workshops, and share stories in smaller “Affinity” Groups. It is a rare and valuable opportunity for men of all ages and backgrounds to be themselves, enjoy each other's company, and celebrate life as well-rounded blokes.

The 2020 Gathering will be held at Jarrahfall Bush Camp on the outskirts of Dwellingup over the weekend of November 13-15. Think masculine: a bush setting, fire pits, smoke, barbeques, “roughing-it” accommodation with bunk-house, swag and camping options, men's circles, great meals and a no-pressure program, easy on the introspection scale. (from <https://www.wamensgathering.org.au>)

DECEMBER



ISLAND OF MEN ~ SYDNEY

Two per year, April and December

See April Details...



GATHERING MEN

Australian Men are in a perilous place.

The hard facts: 6 of 8 suicides. 7 days a week

Our Men need a time out. A moment to catch their breath. They're calling for a safe space. To let it out. To be open, honest, vulnerable.

A place to rediscover connection, meaning & purpose in their lives. We're listening carefully. Opening our hearts & minds. And crafting such a place.

Welcome to a fresh, new approach to Australian Men's Health & Well Being. Together, we're creating something rather different. Join us as we re-imagine healthy masculinity.

Welcome to our place. To your place. A safe trusted space for men to deeply reconnect.

- To ourselves. Each other.
- To Country.
- To First Nations wisdom.
- To Community.
- And the people we love most in our lives.

Story

[Read more ...](#)