

Welcome to Cecil's Men's Hub

The 'Virtual Men's Gathering'

YOUR JOURNEY BEGINS ...



Feedback

Volume 4, Issue 9

\$2

What's Happening in Men's Work in March 2022

The Monthly Comprehensive Newsletter of Cecil's Men's Hub

Where Men take charge of their own lives, through the Role Models & Support of other great Men"

Hi Guys,

Welcome, what's happened, already a month has gone by! The latest edition Newsletter from Cecil's Men's Hub ~ The Virtual Men's Gathering and Worldwide Men's Group Directory. The newsletter is over 40+ pages now and has been redesigned to make it easier to find what you are looking for. It's now grouped in sections, so you can instantly go to the area of interest.

"Please. remember this is a Comprehensive newsletter and not a brief read."

It includes what is happening within Men's Work in the next month, but also regular events and brief details of every Men's Gathering for the whole year. There are extra details to be found via the links in every event.

Thanks for your time in reading this update, please visit [Cecil's Hub ~ Worldwide Men's Group Directory](#), and [Cecil's Hub ~ The Virtual Men's Gathering](#), please share it with your Networks and encourage all Men and Men's Groups to get involved.

What's in this Newsletter from Cecil's Men's Hub

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My Core Values are:

* Purpose * Steady * Growth

Connect with 10 Million Men, to make a difference in their Health and Lives. To help them integrate, embody and educate, and raise the overall awareness of Men's Mental and emotional health..

PAID NEWSLETTER - UPDATE

I want to thank all of the people that have downloaded a copy of the January Newsletter. Your contribution to my work is deeply humbling.

I'm very pleased to announce that 'Men's Wellbeing Inc.' will get a monetary amount of 10% from all December monthly downloads.

You have all supported my purpose and Men's Health.

If you feel that another charity could benefit from this regular donation, please contact me at newsletter@CecilsMensHub.com with your recommendation.

GUEST ARTICLE



“Simply Thank you”

By Bob Edenlm

Introduction:

After more than twenty years of fighting depression, many psychologists and many psychiatrists and so many cycles of medication, this simple personal insight brought me home!

To all those beautiful people who have suffered from depression, I would like to say “Thank you,

Simply Thank you” for doing such a wonderful job. Thank you for being such beautiful and courageous messengers, such shining beacons!

I hear your pain, I have felt your pain, and now I hear your message and I hear it loud and clear for your message is simply the pain of humanity and the way it has to live now.

The way we are living now is so wrong, so wrong, there is so little humanness left in the way we live. We need to change, and we need to change now! So now relax in the knowledge of a job well done, your message has been heard, that there has never been anything wrong with you, you are simply a gifted messenger!

Continued ...

I know that place you go to; that deepening, darkening tunnel, which you shuffle down with trembling knees, and your body full of terror and panic. I know that place you go to, where the tunnel ends, where your bare feet are on solid ground but your toes are dangling over nothingness, an empty abyss, and it is so dark and frightening. Then dimly just ahead there is a faint outline, misty at first, that slowly forms into a shape, a doorway, and it's only about five feet away.

And I know that moment when you are rocking on the balls of your feet, trying to decide whether to jump or not. “ I wonder if I can leap across in one bound or shall I take a few steps back and take a running jump?”

Then for some reason, you stop rocking and plant your heels firmly back on the ground, and from somewhere deep, deep inside you grab hold of something primal, something essential and you turn around facing back the way you came and take a deep breath. I thank you at this moment for choosing to return to life rather than taking the leap of death.

All ahead is blackness and you squint your eyes and then dimly perceive a minute spec of light, so small you are not sure it is real at all. So you slowly retrace your steps, and that little spec of light gets bigger and bigger as you shuffle fearfully upwards.

You are heading back to the light and it is your light, and it is getting brighter and brighter until it's the colour of Cornish Ice cream and you can feel its warmth enfold you, and suddenly you are out of the tunnel, back in the gallery of life.

So you take your light and sit down, relax and look back at where you came from. The tunnel is gone, the entrance has been bricked over, then plastered over and some artists have painted a mural over the place honouring the purpose of the tunnel.

You are Home, you are safe! Well done and Simply Thank you!

Namaste' Bob and Barnaby Eden. Woof.

<https://youtu.be/iOtCTFT94r8>

Continued ...

I hope you have enjoyed this article? The above section will be a regular feature of future newsletters. If you know of anyone that could write an appropriate article for the newsletter, then please get in contact with me at newsletter@CecilsMensHub.com.

SPECIAL ANNUAL EVENTS



WORLD'S GREATEST SHAVE

16th - 20th March 2022

Get sponsored to shave, cut or colour your hair to help Aussie families facing blood cancer.

How a shaved head went from being a hairstyle to a national beacon of hope for Aussies facing blood cancer.

Celebrating 24 years of World's Greatest Shave!

In 2022, the Leukaemia Foundation will celebrate 24 years of World's Greatest Shave — making it one of Australia's longest-running and most loved fundraising events.

People of all ages channel their inner action-hero and shave, cut or colour their hair — supported all the way by proud family, friends, colleagues and classmates.

Some will have a personal connection to blood cancer, while others take part simply to have fun, tick something off their bucket list, and to raise money for a good cause.

More than 2 million Aussies have taken part over the past two decades, with an estimated 37,500 kilograms of hair removed!

[Sign up](#)

[Donate](#)

EXCITING ANNOUNCEMENT

AUSTRALIAN MEN'S COACH DIRECTORY COMING IN 2022

This is another project to fulfil my purpose:-

This project is currently being developed, and will hopefully be ready in the early part of 2022

Cecil's Hub ~ Australian Men's Coach Directory, where every man who wants to take charge of their own lives, through the Role

Model & Support of a Coach that has the wisdom and knowledge through walking their own path. If so, then please fill out the expression of interest form, you will be contacted with updates and progress.

EXPRESSION OF INTEREST

**YOU DIDNT COME THIS
FAR TO ONLY COME
THIS FAR**

MONTH SPECIFIC PHYSICAL EVENTS

Ordered by State and Territory

VICTORIA



WHEN: 17th - 21st March
TIME: 15:00 - 15:00
WHERE: tanderrum - Shpgards Flat, 181 Lithia Lane, Shepherds Flat, VIC 3461
CONTACT: Gathering Men +61414 827 556
WEBSITE: <https://gatheringmen.org/>
EMAIL: connect@gatheringmen.org
COST \$686.84

Gathering Men • Returning • On-Country Autumn 2022

We're Re-imagining Healthy Masculinity. Welcome home. To a safe, connected space where men express themselves freely, openly & courageously.

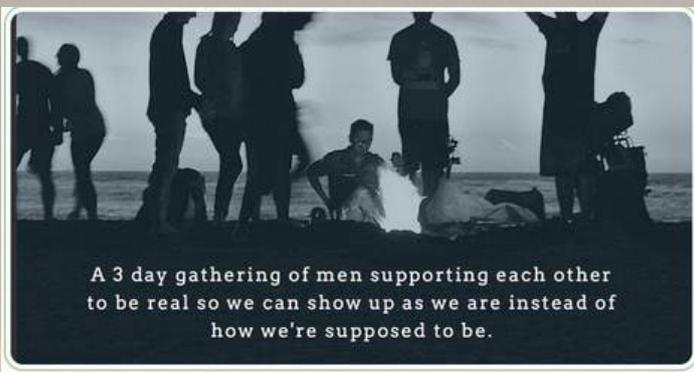
We warmly welcome all who identify as men, 25 years of age & over, from all walks of life & persuasions to this gathering.

We encourage diversity & inclusiveness in all its precious forms. Together, we're reimagining what it takes to be a healthy man.

Together, we're challenging the stereotypes around men's mental health & masculinity. Re-defining how emotionally balanced men truly connect.

Now's our time. Let's slow down & breathe deep. Tread lighter & drop deeper. Join us on the journey this coming Autumn.

[.More Information ...](#)



WHEN: 25th - 27th March
TIME: 18:00 - 14:00
WHERE: Camp Eureka, 100 Tarrango Rd Yarra Junction, Vic 3797
CONTACT: EveryMan +61455 337 004
WEBSITE:
EMAIL:
COST \$77

Everyman Yarra Valley

“Everyman Yarra Valley” this successful event is on again at Camp Eureka. Join us over three days to reconnect with yourself, others and nature.

A few of us blokes wanted to keep the fire burning from Menergy and other men’s group events. The intention was to create smaller events in the Yarra Valley, sending out ripples of Men’s Health and making it more affordable and accessible.

The intention for Everyman Gatherings is to co-create a space where men, having the desire to share themselves deeply and authentically, can connect, support and challenge one another towards greater self-empowerment, intention, self-awareness and self-responsibility, whilst nurturing deeper respect and connection to nature and each other.

[.More Information ...](#)



WHEN: 27th - 20th March
TIME: 15:00 - 5:00
WHERE: Colston Hill, 1755 Seymour-Tooborac Rd, Glenaroua, 3764
CONTACT: Seven Sisters Festival
WEBSITE: <http://www.sevensistersfestival.com/>
EMAIL: info@sevensistersfestival.com
COST \$399

Seven Sisters Festival

Venture to new lands of Self Discovery

AWAKEN – EMPOWER – EXPLORE

A 4 day 3 Night Women’s Festival Designed to Inspire and Nourish your Soul

Enjoy a 4 days and 3 night Women’s Festival. Seven Sisters offers a safe, supportive and vibrant environment, that seeks to inspire balance, joy, healing and what it means to live a meaningful and awakened life, whilst celebrating each woman as a unique individual and acknowledging our individual differences.

Camp or Glamp amongst the Beautiful Hills of Central Victoria and indulge in 200+ Workshops, 100+ Market stalls, Yoga classes, Group Meditations, Dance, Singing, Arts & Craft Classes, Sound Healing, Inspiring Talks on Astrology, Wellness, Parenthood, Relationships, Sexuality, Self-love, Shadow work, Spirituality, Women’s Mysteries and more. Indulge in Massage, Healings & Psychic Readings by donation, Live Poetry ... [More Information ...](#)



WHEN: 24th March
TIME: 18:30 - 21:00
WHERE: The Manningham Hotel & Club
1 Thompsons Road, Bulleen 3105,
CONTACT: EveryMan +61455 337 004
WEBSITE: <http://www.themenstable.org/>
EMAIL: hello@themenstable.org
COST \$77

The Men's Table Entree – Bulleen

An introduction to The Men's Table through stories and dialogue ...

for men interested in being part of a Men's Table group

The Men's Table Entree is an introduction to The Men's Table through open sharing over a relaxed and conversational meal. The cost includes a meal and a drink.

The Entree event is a chance to meet other men, learn about how a Table works and help you decide whether you'd like to be part of this local Men's Table group.

It will be hosted by a couple of long-standing members of other Men's Tables, sharing their experiences from their Tables, and responding to your questions, concerns and ideas.

[More Information ...](#)

QUEENSLAND



WHEN: 11th - 13th March

TIME: 09:00 - 18:00

WHERE: Queensland

CONTACT: Powerhouse Programs, (07) 3071 5000

WEBSITE: <http://www.powerhouseprograms.com.au>

EMAIL: admin@powerhouseprograms.com.

COST \$500.00

The Building Bridges Program – March 22

The Building Bridges Program Is a fun and meaningful experience that supports the changing nature of the father-son and father-daughter relationship during the teenage years. The course is for fathers and teenagers (aged 12-16yrs) that runs over either 6 weeks (one evening per week) or a weekend.

This program is for ALL BOYS & GIRLS whether in a good relationship with their father, or facing some of the challenges that arise at this time.

[More Information ...](#)



WHEN: 12th March

TIME: 08:00 - 18:00

WHERE: 68 Myleema Road, Mount Archer
Queensland 4514

CONTACT: Authentic Counselling Men +61423506011

WEBSITE: <https://bit.ly/3JKB5L7>

EMAIL: authentic@counsellingmen.com

COST \$242.00

Human Transformation for Men and Women

Human Transformation 2022 is a day Workshop for you (Men) that want to go under your skin, learn about your deepest fears and longings, connect with your Real Potential and with your True Identity, and apply this knowledge in Life. It is a day workshop based on a powerful Sacred Norwegian Story Lindworm – half serpent and half-human. The transformation into the latter is where the wisdom of the story is.

Why come to this Day Retreat:

1. Learn from your deepest fears;
2. Welcome the parts of yourself you don't like;
3. Identify and connect with your deepest desires and longings;
4. Connect with Nature & Silence;
5. Learn what the True Process of Transformation is;

[More Information ...](#)



WHEN: 20th March
TIME: 08:00 - 15:00 QLD
WHERE: Kupidabin Wilderness Retreat
 7 Lyell Court Mount Samson QLD 4520
CONTACT: Men's Wellbeing Inc, 07 3067 3449
WEBSITE: <http://www.menswellbeing.org.au/>
EMAIL: admin@menswellbeing.org
COST \$75.00

MenConnect 1 Day Men's Gathering

MenConnect 1 Day Men's Gathering

The next MenConnect 1 Day Men's Gathering is happening on Sunday 20th March 2022 at Kupidabin Wilderness, tranquil bushland setting just 35 mins northwest of the Brisbane CBD at the foothills of Mount Samson.

The theme for this MenConnect 1-Day Event is, "2022 - What's in it for you?"

The 20th of March is also World Storytelling Day, so you're invited to a day of self-exploration, storytelling, great food and connection with other men in a pristine natural environment.

Throughout the day, you'll have an opportunity to;

More Information ...

WESTERN AUSTRALIA
NEW SOUTH WALES
SOUTH AUSTRALIA
TASMANIA
ACT
NORTHERN TERRITORY

No Events Discovered
 No Events Discovered

MONTH SPECIFIC ONLINE EVENTS

ONLINE / VIRTUAL



Anger – WAM (Women & Men)

WHEN: Wednesday 2nd March 19:15 - 21:30 QLD
WHERE: Online
CONTACT: MWB and WWA
WEBSTE: <https://womenswellbeing.org/>
EMAIL: admin@menswellbeing.org
COST \$25.00

Mens Wellbeing and Women's Wellbeing have launched the next series of WAM (women and men) Online Workshops.

Anger – WAM (Women & Men) ~ Workshop explores:

- How does your anger serve or harm you?
- Can you find other ways to deal with situations that make you angry?
- Developing deeper connections through sharing and exploration.

These online workshops are limited to 12x participants and are currently \$25 to attend.
(Concession \$10)

Each WAM Workshop has two facilitators, one from each organisation: Mens Wellbeing Inc and Women's Wellbeing Association. These facilitators will help create a supportive environment of confidentiality and respect where you can feel welcome, heard and accepted.

[More Information ...](#)



Love – WAM (Women & Men)

WHEN: Wednesday 16th March 19:15 - 21:30 QLD
WHERE: Online
CONTACT: MWB and WWA
WEBSTE: <https://womenswellbeing.org/>
EMAIL: admin@menswellbeing.org
COST \$25.00

Mens Wellbeing and Women's Wellbeing have launched the next series of WAM (women and men) Online Workshops.

Love – WAM (Women & Men) ~ Workshop explores::

- How do you experience love in your life?
- Awareness around loving behaviours and actions.
- Develop deeper connections through sharing and exploration.

These online workshops are limited to 12x participants and are currently \$25 to attend.
(Concession \$10)

Each WAM Workshop has two facilitators, one from each organisation: Mens Wellbeing Inc and Women's Wellbeing Association. These facilitators will help create a supportive environment of confidentiality and respect where you can feel welcome, heard and accepted.

[More Information ...](#)

REGULAR PHYSICAL EVENTS ...

Ordered by State and Territory, Day

VICTORIA



L.E.A.P. Men's Group

WHEN: 7th February (First Monday of month) 18:30 - 21:30

WHERE: Hazeldell in The Dandenongs

CONTACT: Emotional Intelligence Trainings

WEBSTE: <http://www.eq.net.au/>

COST \$397 or \$50 casual basis

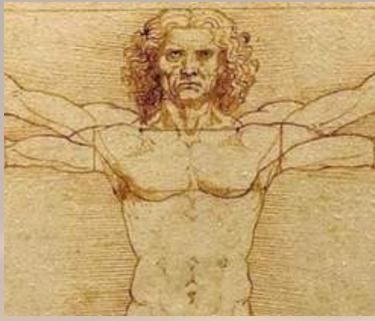
2022 L.E.A.P. for your Life!

Life Empowerment and Achievement Program

L.E.A.P Men's Group is about being at our best, giving our best shot at our lives, living fully and constantly challenging ourselves to grow.

It's about getting clear about our goals and priorities and making sure that we live by them.

[More Information ...](#)



Men with Spirit Men's Group

WHEN: Monday 7th, 14th, 21st, 28th February 19:00 - 31:00 Weekly
WHERE: 52 Kars St, Frankston VIC 3199, Australia
CONTACT: Peter Anthony - 0419 440 665 Steve Angel - 0418 143 969
WEBSTE: <http://www.menwithspirit.com.au/>
EMAIL: connect@menwithspirit.com.au
COST 1st Group FREE - \$20 After

A different style of Men's Group ... Men helping Men thrive.

Men with Spirit is a weekly group for men who are looking for deeper meaning in their lives. We help men get out of their heads and into their hearts. We help men connect to their feelings and learn how to express themselves honestly and openly. We are guided by a set of personal and non-religious spiritual values that promote equality, honesty and expression without judgement. ... [More Information](#)



Warrior Within Men's Circle (Melbourne)

WHEN: 22nd February (4th Tuesday of Month) 19:30 - 20:30
WHERE: [The Fifth Direction, 82 St Kilda Rd, St Kilda, Melbourne, 3182,](#)
CONTACT: Asher Packman
WEBSTE: <http://www.warrior-within.com.au/>
EMAIL: asherpackman@gmail.com
COST \$25.00

The Warrior Within Circle is a monthly gathering of men hosted by Warrior Within's founder Asher Packman in Melbourne.

We join together to discuss a specific theme, create space for a spontaneous flow, tell stories or simply sit in noble silence, breathing and meditating. Above all else, we are committed as brothers to supporting each other in living our warrior purpose. Entry is free for current members of the Warrior Within community (to join, head to www.warrior-within.com.au). Booking and ticket purchase is required for non-members only.

[More Information ...](#)



Men's Health and Wellbeing Group (PM)

- WHEN:** 7th, 21st March (Every 2 Weeks) 18:30 - 21:00
WHERE: Daylesford Neighbourhood Centre, 13 Camp St, Daylesford VIC 3460.
CONTACT: Greg Govinda 0466 339 287
EMAIL: greggovinda@gmail.com
WEBSTE: <https://www.facebook.com/OneMansHeart>
COST \$45 for Series

Men's Health and Wellbeing Group, fortnightly Men's Circle – to connect with a better sense of self, personal peace and camaraderie. Learn self-care. Build confidence.

Enjoy open and honest conversations in a Safe and Supportive Group. A Men's Group' is for men (18 or over) who are looking for a better sense of self, inner peace, and camaraderie in life. Each session unfolds depending on who is present and what issues arise on any particular night.
[More Information](#)



Kulin Open Group for Men

- WHEN:** Tuesday 8th, 22nd February- 18:30 - 21:00 2 Weekly
WHERE: 2 Weekly Ashmore Street, Brunswick VIC
CONTACT: Demian Natakhan 0468 309 863
WEBSTE: <http://mkpvic.com.au>
EMAIL: info@mkpvic.com.au
COST FREE

We are open for all Men to come along and take a fresh look at their own lives in a safe, powerful and confidential way with other men on their journey. The purpose of this group is to create a safe AND challenging place for men to find support and solutions in becoming better fathers, sons, husbands, professionals, partners and more.

[More Information ...](#)



Melbourne Men's Group

WHEN: Tuesday 1st, 8th, 15th, 22nd, 29th March 19:30 - 21:30

WHERE: North Fitzroy, Highett, Werribee South, Warrandyte

CONTACT: MMG on 1300 96 7474

WEBSTE: MensGroup.Melbourne

COST **FREE**

A not for profit, volunteer organisation was established by men for men in 1998. Open to any man of any age, we support personal growth, well-being and enhanced community. We offer authentic communication and connection, minimising the isolation many men experience through free, open, weekly men's group meetings, mentoring and transformational learning programs. There are no political or religious affiliations and new participants are very welcome. Contributions welcome.

More Information ... [4 Chapters of Groups across Melbourne: Central, Eastern, Southern and Western](#)



Men Talking About Feelings. AGW

WHEN: Tuesday 1st, 8th, 15th, 22nd, 29th March, 18:00 - 21:00 Every Week

WHERE: The Good Brew Company, 54 Hope St, Brunswick

CONTACT: Dean O'Callaghan and Men talking about Feelings

COST **FREE**

BYO pizza ingredients. crafty beers, cocktail makings, table tennis bats.. or just yourself. pizza, kombucha and table tennis provided. For more information ...



Build a Brotherhood - Men's Group

- WHEN:** 3rd, 17th March (1st and 3rd Thursdays of the Month) 18:30 - 20:00
WHERE: Mooroolbark Eastern Suburbs, Melbourne
EMAIL: Build a Brotherhood admin@buildabrotherhood.com
WEBSTE: <http://BuildaBrotherhood.com>
COST **FREE**

We welcome all Men to come to join us for our Brotherhood meet up.

After losing her brother to suicide, it made her realise the lack of support for men's mental health, the facilitator has been trying to Build A Brotherhood. A place where we hope to end men suffering in silence. With the help of Leah, our family therapist and drug/alcohol counsellor, our twice a month support group has been growing each week.

We welcome all *Men* to come to join us for our Brotherhood meet up. Men come for support, to share their experiences or to listen. Bring a chair, snacks and a soft drink. [More Information...](#)



Ballarat Men's Support Group

- WHEN:** Thursdays 3rd, 17th March (Every Two Weeks) 18:45 - 21:00
WHERE: Ballarat
CONTACT: Andrea Tindiani
EMAIL: andreatindiani@mail.com
WEBSTE: <https://www.facebook.com/events/548677286169843>
COST \$40

If you are reading this is not by accident...

Despite many men having friends and family around day today, the truth is that most guys don't have the opportunity to share what is truly happening in their lives and how they really feel about it. Most men just go on about their daily lives without really noticing the signs of isolation until ADVERSITY STRIKES and realise they only HAVE A FEW OUTLETS to get stuff off their chest or talk things through. This is particularly true for men entering their '30s, '40s and '50s who focus on their careers or their families and all of a sudden run into new challenges like ... [More Information...](#)

**DATES & TIMES
NOT CONFIRMED
PLEASE CONTACT ORGANISER**



The Man Walk ~ Philip Island

- WHEN:** Every Friday morning 4th, 11th, 18th, 25th March
WHERE: Corner of Church Street and Thompson Avenue, Philip Island
CONTACT: 1300 948 947 Various Facilitators
EMAIL: malmccann53@gmail.com
WEBSTE: <https://www.facebook.com/pimensbreakfast/>
COST **FREE**

A group of guys have started walking each Friday morning at 7 am

Meet out the front of Alex Scott (Corner of Church Street and Thompson Avenue) Walk for about 45 minutes. Everyone Welcome.

#Manwalk #themanwalk



Blackburn Men's Walk and Talk

- WHEN:** First and Third Saturday 5th, 19th March
WHERE: South Parade, Blackburn VIC 3130
CONTACT: Blackburn Men's Walk and Talk (03) 9878 6632
EMAIL:
WEBSTE: <https://www.facebook.com/BlackburnMensWalkandTalk>
COST **FREE**

Men are invited to join us on a 5km circular Blackburn Men's Walk and Talk, linking Blackburn Lake Sanctuary and the Blackburn Creek lands.

Meet at the top of the steps from the underpass outside Blackburn Station on South Parade ready to leave at 8 am. We will follow back roads and trails which can occasionally get a little muddy in places after rain. The route is mostly flat with just one very short section of uphill walking. We will walk at different paces to suit all men attending and take a break at the Yarning Circle at Blackburn Lake. There are public toilets in Blackburn Village and at Blackburn Lake. Men are welcome to join us for a coffee and chat at the end of the walk at Blackburn Village.

[More Information ...](#)



Free BBQ's

- WHEN:** Saturdays and Sundays in March varied times (Please Check)
- WHERE:** BBQ's for Community & Connection
- CONTACT:** Terry Cornick
- WEBSTE:** <https://mrperfect.org.au/>
- COST** **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found something was missing in the support he accessed. Ironically his best mate called him “Mr Perfect” for years without knowing his struggle. Mr Perfect is a grassroots charity that brings men together at BBQs in local parks across Australia, to create community and connection.

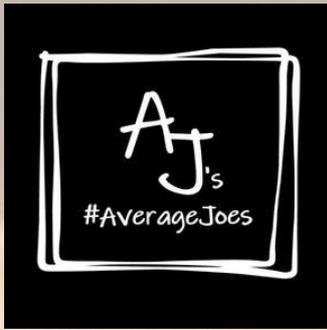
However, we are more than a BBQ. Online we provide support, information and resources for the good of men’s health. BBQs are subject to change, check the site before attending.

More Information ...

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VICTORIA Ballarat, Benalla, Echuca, Ferntree Gully, Geelong.

NEW SOUTH WALES



Average Joes Weekly Meetups

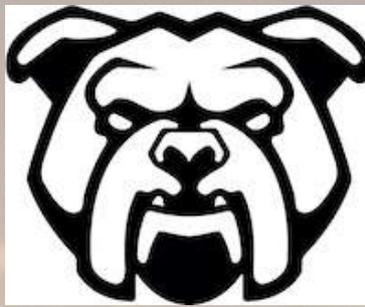
- WHEN:** Monday 7th, 14th, 21st, 28th March 19:30 - 21:00
WHERE: Kurrajong Heights, NSW 18:30-19:30
WHERE: Cams Wharf, NSW, 10:00-11:00
WHEN: Tuesday 1st, 8th, 15th, 22nd, 29th March 19:30 - 21:00
WHERE: Kenilworth QLD 09:00 - 10:00
WHEN: Wednesday 2nd, 9th, 16th, 23rd, 30th March 19:30 - 21:00
WHERE: Mooloolaba QLD 12:00 - 13:00
WHERE: Swansea NSW 18:30 - 19:30
WHERE: Brighwater, QLD 18:30 - 19:30
WHERE: Success, WA 19:00 - 20:00
WHEN: Thursday 3rd, 10th, 17th, 24th, 31st March 19:30 - 21:00
WHERE: Penrith, NSW 16:00 - 17:00
WHERE: Brendale, Brisbane, QLD 19:00 - 20:00
WHERE: Caversham, Perth, WA, NSW 18:00 - 19:00
WHEN: Friday 4th, 11th, 18th, 25th March 19:30 - 21:00
WHERE: Rose Bay, NSW 19:00 - 20:00
CONTACT: Average Joes
PHONE: 0425335969
EMAIL: men@averagejoes.net.au
WEBSTE: http://averagejoes.net.au/
COST **FREE**

AJ's is a global Men's movement meeting weekly in pubs and cafes, focused on the inward growth of Men in today's society by promoting authentic masculinity.

Our topics are raw, our focus is real. Masculinity – Mentoring – Mateship.

Host: Various

Guys, just go to the venue and look for the AJ's shirts.



Mongrels Men Meet Up

- WHEN:** Monday 7th, 14th, 21st, 28th March 06:15 - 07:30 Weekly
WHEN: Wednesday 2nd, 9th, 16th, 23rd, 30th March 06:15 - 07:30 Weekly
WHEN: Friday 4th, 11th, 18th, 25th March 06:15 - 07:30 Weekly
WHERE: Dee Why Beach, NSW, Australia
CONTACT: Instagram @mongrelsmen Facebook @mongrelsmen
EMAIL: mongrelsmen@gmail.com
WEBSTE: <http://www.mongrelsmen.com>
COST **FREE**

Come join us for a sunrise walk, run, swim, surf, coffee & chit chat every Monday, Wednesday & Friday. Meet us at Dee Why Beach Steps at 6.15 am.



Free BBQ'

- WHEN:** Saturdays and Sundays in March varied times (Please Check)
WHERE: BBQ's for Community & Connection
CONTACT: Terry Cornick
WEBSTE: <https://mrperfect.org.au/>
COST **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found there something was missing in the support he accessed. Ironically his best mate called him “Mr Perfect” for years without knowing his struggle. Mr Perfect is a grassroots charity that brings men together at BBQs in local parks across Australia, to create community and connection.

However, we are more than a BBQ. Online we provide support, information and resources for the good of men’s health. BBQ's are subject to change, check the site before attending.

More Information ...

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NEW SOUTH WALES Bella Vista, Campbelltown, Cronulla, Ettalong Beach, Lake Macquarie, Maitland, Newcastle, Newtown, Narellan, Northern Beaches, Norwest, Orange, Surry Hills, Taree, Wagga Wagga, Wolli Creek, Wollstonecraft. Wollongong, Woy Woy



Kawana Mens Circle ~ Weekly

WHEN: Monday 7th, 14th, 21st, 28th March
TIME: 06:00 - 07:30
WHERE: Kawana Surf Club, 99 Pacific Blvd, Buddina QLD 4575
CONTACT: Conscious Men's Brotherhood (CMB) Sunny Coast
COST **FREE**

A place where men can come and be authentically themselves. A space where men can share what they are being with, navigating through and of course; a space where we as men acknowledge ourselves and celebrate the wins! So that we can take that winning vibration with us to start the week and take home to our loved ones.

[For more information ...](#)



Complete Men Group

WHERE: January In-Person - Wednesday 2nd, 9th, 16th, 23rd March in Robina 18:45 - 21:00
WHERE: January In-Person - Thursday 3rd, 10th, 17th, 24th March in Coomera 18:45 - 21:00
CONTACT: Tim on 0422 508 533
WEBSTE: www.completemen.org/mens-groups.html
COST **FREE**

MEN SUPPORTING MEN - More and more men are rediscovering joy, connection, and purpose in their lives through the simple practice of sitting in a circle and being real with other Men. To see what other Men have found in these groups, check out Complete Men. We have 2 Online Groups every week. Wednesday & Thursday physical groups. Using the Zoom app, we are able to have up to 16 men join a virtual Men's group for 90 minutes. [More Information ...](#)



THE GATHERING

Connecting 1st Thursday of every month

The Gathering

WHEN: Thursday 3rd March 18:45 - 21:30 (First Thursday of month)

WHERE: Freedom Float Centre, 5/105 W Burleigh Rd, Burleigh Heads QLD 4220

CONTACT: Breathe Health Retreats

EMAIL: <https://breathehealthretreats.com/contact-us/>

WEBSTE: BreatheHealthRetreats.com

COST \$25

The Gathering is a place where men and women gather to learn from one another, listen to each other, and discover their own truth. There is a different topic each month, please inquire with Breathe Health Retreats for more information.

It is run by members of our Gathering Crew, who in their own right are all experienced group facilitators and share a passion for creating spaces for people to be seen, heard, and grow. [More information ...](#)



OMG (Open Men's Group) at Chermside Library

WHEN: Thursday 3rd March 18:45 - 21:00 (First Thursday of month)

WHERE: Chermside Library, 375 Hamilton Road, Chermside QLD 4032, Australia

CONTACT: Men's Wellbeing

EMAIL: admin@menswellbeing.org

WEBSTE: <http://www.menswellbeing.org.au/>

COST **FREE**

OMG is happening at Chermside, Men sitting in a circle – being real and talking and listening and benefiting. Open Mens Group – FOR YOU OR A MAN YOU KNOW – That's an OMG!

[For more information ...](#)



Men's Weekly Connection – Gold Coast

WHEN: Saturdays 5th, 12th, 19th, 26th March (Every Week) 07:00 - 09:00
WHERE: Cougal Cascades, Currumbin Valley, Goast
CONTACT: Courageous Mens Collective, Jacob O'Neill 0407 067 240
EMAIL: jacob@mansmovement.com.au
WEBSTE: <https://www.facebook.com/Courageousmenscollective>
COST **FREE**

The flow:

- *Guided Meditation*
- *Breathwork Journey*
- *Cold Plunge Therapy*
- *Followed by Coffee and conscious chats at the local cafe – Pasture & Co.*

This is for you if...

- *You want a deeper connection with a conscious community of men.*
- *You need space to just be and receive as a man.*
- *You want to spend time in nature and become more present*
- *You want to slow down the mind and connect with your heart.*

More Information...



Free BBQ's

WHEN: Saturdays and Sundays in March varied times (Please Check)

WHERE: BBQ's for Community & Connection

CONTACT: Terry Cornick

WEBSTE: <https://mrperfect.org.au/>

COST **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found there something was missing in the support he accessed. Ironically his best mate called him “Mr Perfect” for years without knowing his struggle. Mr Perfect is a grassroots charity that brings men together at BBQs in local parks across Australia, to create community and connection.

However, we are more than a BBQ. Online we provide support, information and resources for the good of men’s health. BBQs are subject to change, check the site before attending.

[More Information ...](#)

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QUEENSLAND Burleigh Heads, Cairns, Gold Coast, Caboolture, New Farm, Brisbane, Maudsland, Moffat Beach, Toowoomba, Yeppoon

WESTERN AUSTRALIA



Free BBQ's

- WHEN:** Saturdays and Sundays in March varied times (Please Check)
WHERE: BBQ's for Community & Connection
CONTACT: Terry Cornick
WEBSTE: <https://mrperfect.org.au/>
COST **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found there something was missing in the support he accessed. Ironically his best mate called him “Mr Perfect” for years without knowing his struggle. Mr Perfect is a grassroots charity that brings men together at BBQs in local parks across Australia, to create community and connection.

However, we are more than a BBQ. Online we provide support, information and resources for the good of men’s health. BBQs are subject to change, check the site before attending.

More Information ...

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WESTERN AUSTRALIA East Perth, Fremantle, Kalamunda, Mullaloo, South Perth

TASMANIA



Free BBQ's

- WHEN:** Saturdays and Sundays in March varied times (Please Check)
WHERE: BBQ's for Community & Connection
CONTACT: Terry Cornick
WEBSTE: <https://mrperfect.org.au/>
COST **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found there was something missing in the support he accessed. Ironically his best mate called him "Mr Perfect" for years without knowing his struggle. Mr Perfect is a grassroots charity that brings men together at BBQ's in local parks across Australia, to create community and connection.

However, we are more than a BBQ. Online we provide support, information and resources for the good of men's health. BBQ's are subject to change, check the site before attending.

More [Information...](#)

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TASMANIA Burnie, Kentish, Ulverstone

ACT



Free BBQ's

- WHEN:** Saturdays and Sundays in March varied times (Please Check)
WHERE: BBQ's for Community & Connection
CONTACT: Terry Cornick
WEBSTE: <https://mrperfect.org.au/>
COST **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found there was something missing in the support he accessed. Ironically his best mate called him "Mr Perfect" for years without knowing his struggle. Mr Perfect is a grassroots charity that brings men together at BBQ's in local parks across Australia, to create community and connection.

ACT Belconnen

REGULAR ONLINE EVENTS ...

Ordered by Day of The Week



Victorian Brotherhood Zoom Chat #RaiseAPen

- WHEN:** Monday 7th, 14th, 21st, 28th March 19:30 - 21:00
- WHEN:** Wednesday 2nd, 9th, 16th, 23rd, 30th March 19:30 - 21:00
- WHEN:** Friday 4th, 11th, 18th, 25th March 19:30 - 21:00
- WHEN:** Sunday 6th, 13th, 20th, 27th March 19:30 - 21:00
- WHERE:** Online/Virtual
- COST** **FREE**
- CONTACT:** <https://www.facebook.com/groups/VicroianBrotherhood>
- EMAIL:** info@victorianbrotherhood.info

SHARE this message, an initiative from Victorian Brotherhood Male Support and Suicide Awareness to break a culture revolving around drinking and substances to mask problems. Men supporting other men, how it should be.

A problem in society is many listen to respond, let's break that, we listen to understand. We run Zoom conversations working together to help our situations and change lives. So far seen so many lives changed. 4 nights a week, Monday, Wednesday, Friday and Sunday nights at 7.30 pm, growing as men together, talking, listening and learning from each other.

ACCEPT, UNDERSTAND, RESPOND. [More information ...](#)

**DATES & TIMES
NOT CONFIRMED
PLEASE CONTACT ORGANISER**



Authentic Men's Business – Online Men's Circle

- WHEN:** 7th, 21st March (Monday Fortnightly) 19:00 - 21:00
- WHERE:** Online
- CONTACT:** Authentic Men's Business
- WEBSTE:** <http://www.authenticmensbusiness.com/>
- COST** **FREE**

Authentic Men's Business – Online Men's Circle, 'Develop a deeper connection to Yourself, Your Purpose, Power & Expression as a Man.'

Brother, I invite you to a powerful evening of sitting in a circle sharing, connecting and learning together.

The intention of this Circle is to grow and develop a deeper connection to ourselves, our purpose, power and expression as Men. The evening will also provide a great opportunity to build and develop healthy relationships with other Men & improve our overall quality of relating.

The evening may include meditation, grounding exercises, sitting in a circle sharing our Truth as well as simple yet powerful process work born from the themes and challenges that come up for the group. Every Circle is different.

The Circle is Open to 12 Men Only. [More Information ...](#)



ManzMan – Men’s Online Forum

- WHEN:** 28th March (Last Monday of month) 19:30 - 20:30
WHERE: Online
CONTACT: Secret Mens Business (SMB)
WEBSTE: <https://www.facebook.com/groups/secretmensbusinessor>
COST **FREE**

MAN2MAN is a monthly online catch up open to all SMB members.

This event is scheduled for the last Monday of each month.

Each month Thomas Renshaw & Joe-y Busuttill host a forum with a different topic.

Topics will be based around MEN's Lifestyle, Mental Health, Behaviour, Emotions, Family, Relationships & Social Expectations. [More Information ...](#)



Menswellbeing ~ Common Ground

- WHEN:** Monday, Tuesday, Thursday in March 19:00 - 21:00
WHERE: Online and Physical Open Men's Groups
CONTACT: Nicholas Dob +61424 146 005
WEBSTE: <https://menswellbeing.org/omg/>
COST **FREE**

OMG MOMENTS - ...Men...Him...Us...Me...Namaste and good health to you, OMG's are here for your wellbeing and in turn, benefiting others.

*** BE REWARDED * IT'S EASY * IT'S FREE**

What's happening in your life? Come along, connect and reap the benefits of sitting in a circle. You've been there before, you know the benefits, now it time to do it againdon't just say you will! We want to connect with you too. Join our OMG meetings to experience the wholesome opportunity to connect with good men ...[More Information ...](#)



Primal Man Project – Virtual Men’s Circle

WHEN: Tuesday 1st, 15th, 29th March
TIME: 19:30 - 21:00
WHERE: Online/Virtual
CONTACT: <https://www.facebook.com/PrimalManProject>
EMAIL: jason@bluett.org
COST **FREE**

Primal Man Project – Virtual Mens Circle (Australian Time Zone)

Join us for Virtual Mens Circle via Zoom as we sit around the virtual fire and share what’s really going on in our lives.

There was a time when men would sit around a FIRE each night and SHARE our LIVES, our CHALLENGES and our WINS.

Get WISDOM from other men and be held ACCOUNTABLE to the best versions of themselves.

That time is gone, but not forgotten.

A Place to:

- Drop the MASKS,
- CELEBRATE ourselves and each other,
- SHARE what’s really going on,
- Get REAL,
- Get WISDOM from good men.

[More Information ...](#)



Gathering Men • On-Line Gathering

WHEN: Tuesday 1st March (First Tuesday of Month)
TIME: 19:00 - 20:30
WHERE: Online/Virtual
CONTACT: <https://www.facebook.com/gatheringmen>
WEBSITE: <https://gatheringmen.org/>
EMAIL: connect@gatheringmen.org
COST **FREE** Donations are Welcome

WHY

We believe Australian men need connection now more than ever before. So we've created a safe place for Men to do just that. This gathering is open to all men 21 years and over. The invitation extends to regulars & new men. Please share this invitation with a man you feel would benefit from the experience. Numbers are limited to ensure our gatherings remain intimate. [For more information ...](#)



One Dad ~ Free Online Sharing Circle

WHEN: Wednesday 16th March 20:00 - 22:00 (Third Wednesday of Month)
WHERE: Online
CONTACT: One Dad
EMAIL: onedadpod@gmail.com
WEBSTE: <https://www.facebook.com/onedadpod>
COST **FREE**

INTENTIONS OF THIS FB MEN'S GROUP:

- To create a unique conversation between men on a social media platform.
- To explore deeper, richer, and more meaningful conversations that make a difference to who we are as men, and to the lives of those around us.

[More Information ...](#)



Complete Men Group

WHERE: Online - Thursday 3rd, 10th March 18:45 - 21:00
CONTACT: Tim on 0422 508 533
WEBSTE: www.completemen.org/mens-groups.html
COST **FREE**

MEN SUPPORTING MEN - More and more men are rediscovering joy, connection, and purpose in their lives through the simple practice of sitting in a circle and being real with other Men. To see what other Men have found in these groups, check out Complete Men. We have 2 Online Groups every week. Wednesday & Thursday physical groups. Using the Zoom app, we are able to have up to 16 men join a virtual Men's group for 90 minutes. [More Information ...](#)



**DATES & TIMES
NOT CONFIRMED
PLEASE CONTACT ORGANISER**

Mammoth Hunters Weekly Group Video Men's Chat

WHEN: Thursdays 3rd, 10th, 17th, 24th, 31st March 19:00 - 20:00
WHERE: Online
WEBSTE: <https://www.facebook.com/groups/MammothHuntersClub>
COST **FREE**

Group · Members of Mammoth Hunter's Club – overcome adversity, regain purpose, seek adventure Our Last Group Zoom Video Chat Was A Success.

“The next will be bigger and better”. It was awesome to meet some of our new and existing members, putting faces and voices to their names. We introduced ourselves, shared our interests, goals, challenges and just chatted about anything on our minds.

[More Information...](#)



Island of Men - Men's Sharing Circle

WHEN: 17th March 19:00
WHERE: Online
CONTACT: Adrian Selley, 0412 217 919
EMAIL: adrian@islandofmen.com
WEBSTE: Islandofmen.com
COST **FREE**

A monthly gathering and heart circle to connect with the IOM brotherhood. A space to check-in, share, be heard and be held in a safe container. Island of Men (IOM) is a not-for-profit organisation dedicated to creating transformational spaces for men.

Our belief is simple; Men's work to support men, women and the wider community. The Zoom link will be emailed to you 30 minutes before the event commences. [More Information ...](#)



Mankind Project - iGroups Online

WHEN: All days except Saturdays in March - Times Vary
WHERE: [MKP Online Open Men's Groups](#)
CONTACT: 1300 948 947 Varoious Facilitators
EMAIL: info@mankindproject.org.au
WEBSTE: <https://mankindproject.org.au/>
COST **FREE**

Men from all walks of life attend MKP iGroup. Individuals just like you. Fathers, sons, brothers, husbands and lovers. Educated and uneducated men. Professionals, tradies, educators, creatives, office workers, athletes, business people, labourers, artists, soldiers, and unemployed. We are individuals of all ages, races, faiths, nationalities, creeds and sexual orientations.

What we share in common is that we each take responsibility for our lives, and who we are in the world. Through iGroup we support each other to become better men: more conscious, connected, and alive.

At iGroup, you get a chance to look at what about your life is working? What's not? What do you want to change? You'll form a deep connection with yourself. You'll build deep relationships with other individuals, and you'll experience the love and support of a community of men working to better themselves and the world.

[More Information ...](#)



Online MenCheck-in ~ Mini-Men's Groups

- WHEN:** Lunchtime every day in March - Times Vary
WHERE: Online Open Men's Groups
EMAIL: info@mensgroups.co.uk
WEBSTE: <https://mensgroups.co.uk>
COST **FREE** Donations are Welcome

MenCheck-in was launched in response to the Coronavirus pandemic. It is currently running online every weekday at lunchtime by donation. This mini-men's group is a great space to share whatever's on your mind, release some pressure and connect with others. Up to nine men per group, though we split into smaller groups led by different facilitators if numbers are high.

FREE Quickstart Guide for those who wish to start their own men's groups
<https://mensgroups.co.uk/quick-start-guide/>



MenSpeak Men's Groups (Online)

- WHEN:** Daily Check-ins every day in March - Times Vary
WHERE: MenCheck-In
EMAIL: info@mensgroups.co.uk
WEBSTE: <https://mensgroups.co.uk>
COST **FREE** Donations are Welcome

A MenCheck-In is a great space to share whatever's on your mind, release some pressure and connect with others in a confidential and non-clinical space. MenCheck-In was launched in early 2020, in response to the Coronavirus (COVID-19) pandemic and lockdowns around the world. It's one hour, mini-men's group currently running online every day, Mon-Sat 12.30 pm-1.30 pm, Sun 10.30 am-11.30 am. We start with two minutes of silence, followed by brief introductions, including how you're feeling at this moment. (You are under no pressure to share and can say "pass" at any time.)

[More Information ...](#)



Voice Of Men ~ Addiction & Awareness

- WHEN:** Every Sunday 6th, 13th, 20th, 27th March
TIME: 10:00 - 10:30 Canadian ET
WHERE: Online/Virtual
CONTACT: [Voice of Men 360](mailto:info@voiceofmen360.org)
WEBSITE: <https://www.voiceofmen360.org/>
EMAIL: info@voiceofmen360.org
COST **FREE**

Voice of Men 360 is a non-profit organization, founded in 2020 and is based in Toronto, Canada. It is part of International Men's Day which is a global organization. IMD follows 6 Pillars – overall the wellbeing of boys and men. Men in most cases, don't talk about or discuss their life challenges, situations, struggles with anyone and that becomes more stress and pressure which is not only negatively affects them but also others around them.

[More Information ...](#)

REGULAR CONTENT ...

Cecil's Men's Hub ~ Men's Groups Worldwide Directory



Did you know that my Cecil's Men's Hub ~ Men's Groups Worldwide Directory is ready and available, please visit to see how this platform can help change Men's lives and connect them to Men's Groups on a regular basis.

The Directory (over 450+ Men's Groups already) will initially cover Australia with Groups from London, UK, Ireland, Canada, Singapore, Austria and North America.

* Some of the Groups are under a 'Claims Listing', this will enable existing Men's Groups that find their Group to 'Claim' it as their own as a 'FREE'

Basic Group or upgrade to a 'Paid' Plan & gain extra benefits/features.

WHAT'S AVAILABLE?

The Directory will allow Men to search for their nearest Men's Group to their location FREE of charge!

It will enable any existing Men's Groups Worldwide to register a FREE to join and get a 'Basic' listing, they get listed in seconds, to get a fully functioning listing it will need to be upgraded to a 'Paid' plan, starting at \$99 Per Year.

Some Men when searching for a Men's Group, have heard of a particular Men's Group type or Association. It's for this reason that I have created Categories for each of the common ones to be used in the Search Bar, this will 'Auto-Fill' as the user types. Currently, there are 11 Associations that each Men's Group can be listed under, depending on their style of facilitation/origin that they follow.

THESE INCLUDE:

- * Australian Men's Shed Association, * Complete Men
- * Canadian Men's Shed Association, * Individual Group, * The Male Journey (UK)
- * Mankind Project (MKP) - Australia/UK/Canada, * MenSpeak Men's Groups
- * Men's Wellbeing ~ Common Ground Trained, * Melbourne Men's Groups,
- * Menergy Men's Group Network, * MensWork Project (Incl),
- * MensSpeak Men's Groups (UK), * Men's Team,
- * MensWork Project (Inc)
- * OM:NI (Older Men: New Ideas), * The Male Journey Ltd,
- * UK/Ireland Men's Shed Association.

Please read the full version of the launch document [here](#).

YEARLY MEN'S GATHERINGS ...

WHAT IS MEN'S GATHERING?

A Men's Gathering is where you can connect with other Men, from all backgrounds, religions, political and sexual persuasions. These gatherings offer a safe, non-judgmental, supportive space where men can explore the connections, modalities, challenges and exercises that facilitate real and lasting change. They all offer high-quality workshops from varied Modalities, and you are free to take part in as many or few as you wish. This is your time, to use as you wish but hey, why not take advantage of the experience? There are currently 20 Yearly Men's Gatherings as part of Open Ground training per year in Australia, plus others that are not part of the Common Ground training, and one in New Zealand.

MEN'S GATHERING BY MONTH

JANUARY



SYDNEY MEN'S FESTIVAL

The Sydney Men's Festival is a chance to talk, relax, participate in and run workshops with other men. The Festival is an annual event held at the end of January each year on the second last full week of the school holidays. The Festival is open to all men regardless of colour, creed, religion, sexuality, profession or employment status.

Affinity Groups: At the previous festivals, we have formed small groups to provide support and companionship. These affinity groups have provided a focus for each of us to share our experiences throughout the Festival. The groups take turns in preparing meals, washing-up and cleaning.

Workshops: Anyone at the Festival can present a workshop. In previous years, workshops have explored such issues as men's health, love, fear, shame and guilt, spirituality, anger, wild man, meditation, community, initiation, parenting, touch, sexuality and sensuality, wrestling, singing, massage.

Food: The first meal of the festival will be served at dinnertime on Sunday. For cost and health, meals are mainly vegetarian, sometimes with meat options, and are organised by the affinity groups with the help of the food coordinator. You are welcome to make arrangements if you have a special diet.

Activities: The camp is in bushland overlooking the Georges River, so there is plenty of opportunity for swimming and bushwalks. A cabaret is normally held on Saturday night.

Accommodation: Only a limited number of bunks with the mattress are available in dormitories or cabins, so please bring your own sheets and pillow. Also as a backup, please bring a tent, sleeping bag, pillow and mattress. [Read more ...](#)

FEBRUARY

No Gatherings currently ...

MARCH



TASMEN MEN'S GATHERING 2021

2022 Cancelled Due to Covid

Connect to your heart in the company of non-judgemental, authentic men. We will be in a beautiful beachside facility called Spring Beach Youth Camp, south of Orford. That means less travel for our 'Interstaters', with plenty of space, privacy and easy access to the beach. These are modern facilities with better showers, easier catering and bunk beds for 100 men. There will be great food and you will meet great blokes. Covid safe procedures will be in place. From 3 pm Fri.

If you have any questions email Barry Fleming, our 2021 Gatekeeper: barryfleming1@gmail.com

(From <https://tasmen.org.au/tasmanian-mens-gathering/>)



Next Gathering to be finalised ...

'Men across societies and the ages have always come together to pass on the knowledge, clues, tools and secrets of being vibrant, dynamic Men in the world. We are continuing this tradition.'

It's going to be awesome this event, help Men in your Networks to connect & share, and gain some valuable insights, into themselves and others.

We have many Workshops already confirmed for the first Online Men's Gathering (OMG).

3 Days: Keynotes | Workshops | Sharing Circles | Networking

Cost:
Pay What You Can \$0 - \$10 - \$20 - \$50,

If you can't, come for free. We'd still love to have you!

(From OnlineMensGathering.com/)

APRIL



ISLAND OF MEN ~ HOBART

Once per year, April.

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with Self, Community and Nature.

We are excited to announce our upcoming event, 'IOM -

This is Me' will be occurring on December the 7th at Cataract Scout Park.

IOM is a unique experience that provides something different for each individual.

See the above IOM ~ Melbourne for more details...

There will be updates and instructions on the IOM Facebook page (facebook.com/islandofmen) leading up to the event so make sure you like the page to ensure you are receiving updates.

Looking forward to seeing you at 'Island of Men - This is Me' (From IOM <https://islandofmen.com/>)



EVERYMAN MEN'S GATHERING

Twice per year, May and November

When: See dates and times in specific months events

Where: Camp Eureka 100 Tarrango Rd Yarra Junction, Vic 3797 Australia

“Everyman” this successful event is on again at Camp Eureka.

Join us over three days to reconnect with yourself, others and nature.

The intention for Everyman Gatherings is to co-create a space where men, having the desire to share themselves deeply and authentically, can connect, support and challenge one another towards greater self-empowerment, intention, self-awareness and self-responsibility, whilst nurturing deeper respect and connection to nature and each other. [More Information ...](#)



IOM #? - METAMORPHOSIS

Four per year, April, July and November, December

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with self, community and nature. We are excited to announce that this event will be unlike any island before. We have an incredible new location, new facilitators and a brand new program.

The last 12 months have been a challenge for people all over the world and many have suffered incredible heartbreak and loss, to not just the pandemic but the mental issues it has brought upon us as a community.

We've also seen the power and incredible commitment of our communities, specifically our frontline health workers who have more than risen to the occasion when it was needed most. It is with these heroes in mind that the IoM committee decided to dedicate this event as an opportunity for all men to grow, evolve and thrive as we begin life again in 2021.

That's why we are excited to announce our next IOM event "Metamorphosis" on the 25th of April 2021 at Gilwell Park from 10 am to 6 pm (please arrive at 9 am for registration, coffee and catch-ups)

"What a day!

A fantastic experience to be surrounded by so many amazing hu-men. The workshops were great, the love felt by all, the power of the Sacred Heart circle. This is a much-needed facility in a time where I, as a man, realise it's on me to create the change I want for myself and my surroundings. And to spread that change to all men around me. A powerful tool to claim back our masculinity.

"What an amazing day. Very full and heavy heart by the end, in a very good way!"

Truly powerful and inspirational work behind the guys that brought this beautiful space together. What an Honour it was to be a part of this event !! An absolute must for Men - Please do more.

"A great day organised by great people, I went in hungover and came out inspired!"

(From IOM <https://islandofmen.com/>)



ISLAND OF MEN ~ SYDNEY

Two per year, April and December

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with Self, Community and Nature.

We are excited to announce our upcoming event, 'IOM -

This is Me' will be occurring on December the 7th at Cataract Scout Park.

IOM is a unique experience that provides something different for each individual.

See the above IOM ~ Melbourne for more details...

There will be updates and instructions on the IOM Facebook page (facebook.com/islandofmen) leading up to the event so make sure you like the page to ensure you are receiving updates.

Looking forward to seeing you at 'Island of Men - This is Me' (From IOM <https://islandofmen.com/>)

MAY



Manshine 2021 is Friday 29th April – Monday 2nd May 2022

When the landscape has been burned and scarred, it may look to be alien, uninviting and desolate. In the natural world, a charred landscape can enable something fresh, new and energetic to emerge. Order can come from chaos.

Our landscape can regenerate.

How is your landscape doing?

Manshine 2022 has workshops to energise, question and explore – all the tools you need to help seed your own regeneration.

At Men's Wellbeing, we pride ourselves on supporting men through whatever they are going through, whether they are flourishing and looking to enrich their lives or they have hit a crisis and are reaching out for help. You will find men from many different backgrounds and experiences all coming together for the long weekend in May to help support one another along the journey.

[Read more ...](#)



WISE MEN GATHERING

Wise Men Gathering 2022 - Yet to be confirmed

A Call to the men... to gather.....to connect and feel one another's presence.. to be heard and understood as men... to be seen and to see one another's vulnerability, our strength... to discuss what it is to be an authentic man in today's world...

Connect and meet together to examine and explore that which is missing in our modern world... our birthright. Few ways are truly open to us as men today, to prove our mettle and to test the limits of masculinity.

The frontiers now lie within ourselves, in our ability and capacity to bravely and honestly explore who we are, without macho ideals, and to discover the man we strive to be. Join us for a weekend of viewing, witnessing, and discussing the archetypes of modern masculinity.

[Read more ...](#)

JUNE



SYDNEY NATIONAL MEN'S GATHERING

2022 Gathering not scheduled yet

'Lost' 'In life's journey, how do we know if we're going the right way?'

Even if we keep following all the usual signs will the safe, comfortable, familiar path ever really satisfy us? If we got lost would we find only fear or also help from strangers and from our own unexpected inner strengths.

At "Lost" 2021, we will endeavour to get lost together and to find more of ourselves. [More Information ...](#)

Check-in: from 4 pm to 6 pm on Friday 11th June

Check out: 3 pm Monday 14th June

Cost: \$460

Venue: Bamarang Bush Retreat 145 Bamarang Road, Bamarang, NSW 2540

JULY

No Gatherings currently ...

AUGUST



Get more out of life

Whether your life is working well or you have some things to sort out, you will find that attending an Essentially Men workshop will provide you with powerful resources for your journey of personal discovery and growth. Renewal, change, understanding...freedom

Thousands of men from all over New Zealand and all walks of life have found this outstanding programme a powerful catalyst for renewal and change.

So will you. You will build trust and feel safe. You will get a deeper understanding of yourself and will leave with the freedom to be the authentic you. These are not just talking workshops – they are potent experiences that will wake you up, give you skills, and change your life.

(from <http://www.essentiallymen.net/>)

SEPTEMBER

No Gatherings currently ...

OCTOBER



MENERGY MEN'S GATHERING

Menergy is the Victorian arm of a national not-for-profit organisation Men's Wellbeing that has been providing men's events and men's support groups for over 20 years.

Menergy is an all-inclusive 3 day Men's Gathering wilderness retreat that provides workshops and ritual around celebrating masculinity and helps men discover more of themselves in a nurturing, supported and trusted way. The detailed program we run has been developed for over 15 years and has seen thousands of men grow and learn through this process. At the heart of a Menergy weekend is the opportunity to attend and partake in many of the myriads of workshops that are focused on Men's health and wellbeing. These workshops help men to be empowered in our masculinity through vulnerability, support, and a greater understanding of trusting ourselves and our unique gifts as men. (from Menergy.org.au)



MAN ALIVE

MAN ALIVE Men's gathering is a weekend away just for men - all men. Away from work, family and social commitments, you can spend your time being instead of doing. MAN ALIVE is open to all men from any background, religious, political or sexual persuasion. We encourage men to be real with themselves and others in a supportive and non-judgemental environment.

You can expect a warm welcome and plentiful conversation and laughter, with many opportunities to get to know yourself and others in a strongly grounded space of respect, growth and trust. We run our gatherings based on the concept of Open Space - where you can offer to host a session, ask for a specific session to be run, or participate where you are called to. This gives us the chance to co-create an agenda for the weekend that suits where we are all at. We also have components of ceremony and home groups, which support us to connect as a whole community and make sense of what we are learning together. [More Information ...](#)

BEDROCK

Getting to Bedrock is the metaphor for this gathering. Men getting to a place of solid ground, of deep sharing, broad discussion and living in the community. Some could call it a little bit of dream time, a time of exciting visioning and finding what is real in our lives.

This call to community is made by our Elders who ask you to come to Bedrock to join and be supported by them as we live for a time in communion and brotherhood.

Bedrock is based on the ancient mysteries of circle work, where each man is respected for their truth and each man is supported to stand in the circle to speak from their heart. Now and then we will break out and explore topics that intrigue us in the deeper space of smaller groups.

Conversations go where they need to go. What needs to be discovered and revealed - happens. Because of this organic nature, men attending will need to have experienced men's work in some form. We do not see Bedrock as suitable for a man's first dip into men's work. [More Information ...](#)

See EveryMan Men's Gathering above ...

See Island of Men ~ Melbourne above ...



MANHOOD

Manhood Men's Gathering is a not-for-profit men's community event with facilitated workshops, groups, activities and social time. The theme this year is Explore Healthy Masculinity – where each man is invited to define for himself what it means to be a better man in today's world.

The culture is open, accepting, warm and non-judgemental. Every man is welcome and can expect to learn and share equally. Come along and share your story and listen to the stories of other men. Deep respect is asked and given.

The gathering is held at beautiful Camp Bornhoffen, Numinbah Valley in the McPherson Ranges of the Gold Coast Hinterland. Retreat to mountain country, fresh air, a mountain stream with a waterfall, bonfires and spectacular views. (from ManHood.org.au)

NOVEMBER



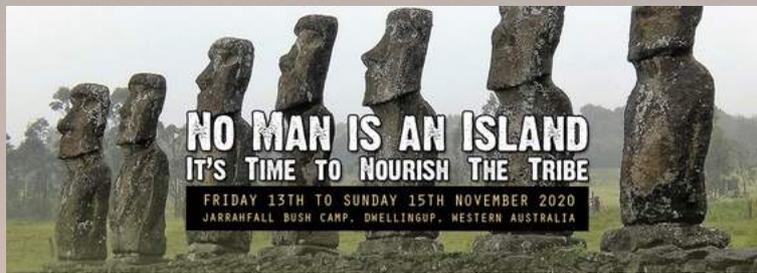
SOUTHERN MEN'S GATHERING

The Southern Men's Gathering, November 12th to 14th 2020, is a Men's only event created to improve the emotional wellbeing of men.

What 'The Integrated Man' can offer you is the opportunity – to recharge in nature, to connect with like-minded men, to sit in a space of stillness and safety, and to have some fun.

This event will run counter to the often narrow and repressive culture of traditional masculinity, where superficial conversation, competitiveness, disconnection and suppression of emotion tend to rule. Instead, you will connect deeply with other men, form support networks and communities, and you will have the opportunity to develop your emotional literacy.

We invite you to join us in exploring your unique expression of positive masculinity... [Read More ...](#)



WEST AUSTRALIAN MEN'S GATHERING

Introducing the WA Men's Gathering 2020

“No Man is an Island: It's Time to Nourish The Tribe”

Well, it's certainly been a year to remember. Or maybe forget? How fortunate are we in WA; by good luck and/or good management, we remain free of community spread. So at this stage, we can confirm that the 2020 WA Men's Gathering will go ahead on November 13th – 15th.

In short, the Gathering is a live-in weekend, organised by everyday blokes, for men only. It provides a safe and supportive environment to explore current issues, tell their story, and have some fun together. It has been held in Perth every year since 1995.

Participants listen to guest speakers, attend experiential Workshops, and share stories in smaller “Affinity” Groups. It is a rare and valuable opportunity for men of all ages and backgrounds to be themselves, enjoy each other's company, and celebrate life as well-rounded blokes.

The 2020 Gathering will be held at Jarrahfall Bush Camp on the outskirts of Dwellingup over the weekend of November 13-15. Think masculine: a bush setting, fire pits, smoke, barbeques, “roughing-it” accommodation with bunk-house, swag and camping options, men's circles, great meals and a no-pressure program, easy on the introspection scale. (from <https://www.wamensgathering.org.au>)

DECEMBER



ISLAND OF MEN ~ SYDNEY

Two per year, April and December

See April Details...



GATHERING MEN

Australian Men are in a perilous place.

The hard facts: 6 of 8 suicides. 7 days a week

Our Men need a time out. A moment to catch their breath. They're calling for a safe space. To let it out. To be open, honest, vulnerable.

A place to rediscover connection, meaning & purpose in their lives. We're listening carefully. Opening our hearts & minds. And crafting such a place.

Welcome to a fresh, new approach to Australian Men's Health & Well Being. Together, we're creating something rather different. Join us as we re-imagine healthy masculinity.

Welcome to our place. To your place. A safe trusted space for men to deeply reconnect.

- To ourselves. Each other.
- To Country.
- To First Nations wisdom.
- To Community.
- And the people we love most in our lives.

Story

[Read more ...](#)