

Welcome to Cecil's Men's Hub

The 'Virtual Men's Gathering'

YOUR JOURNEY BEGINS ...



Feedback

Volume 3, Issue 36

\$2

What's Happening in Men's Work in June 2021

The Monthly Comprehensive Newsletter of Cecil's Men's Hub

Hi Guys,

Welcome to the latest edition Newsletter from Cecil's Men's Hub ~ The Virtual Men's Gathering and Worldwide Men's Group Directory.

"Please. remember this is a Comprehensive newsletter and not a brief read."

It includes what is happening within Men's Work in the next month, but also regular events and brief details of every Men's Gathering for the whole year. There are extra details to be found via the links in every event.

Thanks for your time in reading this update, please visit [Cecil's Hub ~ Worldwide Men's Group Directory](#), and [Cecil's Hub ~ The Virtual Men's Gathering](#), please share it with your Networks and encourage all Men and Men's Groups to get involved.

Thanks to Nic Dob for writing the article in my newsletter.

My Core Values are:

* Purpose * Steady * Growth

Connect with 10 Million Men, to make a difference in their Health and Lives. To help them integrate, embody and educate, and raise the overall awareness of Men's Mental and emotional health..

What's in this Newsletter from Cecil's Men's Hub

- Welcome
- Paid Newsletter Update
- Guest Article
- Special Annual Events
- Month Specific Events
- Regular Online Events
- Regular Content
- Yearly Men's Gatherings

PAID NEWSLETTER - UPDATE

I want to thank all of the people that have downloaded a copy of the March Newsletter. Your contribution to my work is deeply humbling.

I'm very pleased to announce that 'Movember' will get a monetary amount of 10% from all monthly downloads. You have all supported my purpose and Men's Health.

If you feel that another charity could benefit from this regular donation, please contact me on newsletter@CecilsMensHub.com with your recommendation.

MEN'S COACH ARTICLE



By Brendon W Giebel

Why Every Man Should Have a Coach

We are living in strange times. It seems as if great men are slowly disappearing. Society is teaching young men that they can't be amazing and fulfil their greatest dreams. If you feel that you are underachieving and don't know where it all went wrong, there's hope for you yet.

It means that you are still thinking about what you can do. When you make your peace with the way things are, you'll be lost forever. No, you don't have to feel frustrated, bored, and unsatisfied in general about your life.

There are ways to get out of this slump and live a more fulfilled life as a man. However, many guys don't have a masculine role model that can help them reach their potential. This is why they should consider men's coaches. Here is how these coaches can help men get back on track.

A Coach Can Help You Get Out of Your Head

For many men, the situation is pretty similar. They feel unfulfilled for various reasons and don't have anyone they can honestly talk to about their frustrations. This makes them retreat to their own minds. Even though this isn't necessarily bad, it can cause serious damage and make a person overthink.

When you are dealing with different issues, it's easy to get entrenched within your head. One of the best ways to stop doing this and admit your problems is to have someone with experience and understanding besides you. A men's coach can listen to your issues and understand what's bothering you.

Their experience allows them to recognize deeper issues and help you understand them as well. It's imperative to have someone who you can talk to. If you can't express your concerns freely to anyone, you might get permanently stuck.

You Need Someone to Help You Step up

Yes, having someone to talk to is ok, but this isn't enough. A man needs to be decisive and proactive. You need to head out in the world and do what you want to do. You can talk to psychiatrists and various therapists, but they won't help you get back on your feet.

Instead of helping you invoke the man you can be, they teach you to be content with staying hidden and invisible. This is why a men's coach is the better option. He can recognize all the bullcrap you're throwing out there and tell you where you're wrong.

Sometimes you need to hit that rock bottom and admit all of your shortcomings before you can start going up. Yes, thinking things through is a good thing, but thinking and talking too much is not a man's thing. You need to get up and do something, even if you don't understand the result initially.

You Need a Strong Male Figure

Both men and boys have suffered because of the absence of active male figures in their lives. This doesn't only mean that they don't have fathers, lots of them do, but they aren't those kinds of people. This means that there are no role models at home, in education, in the media, etc.

Men also copy behaviour and approaches to issues. They need a strong role model to show that they can actually do things and excel at them. Modern education and PC culture teaches men to be passive and sort of wait in the background until something happens.

Is this who you want to be? Do you want to take charge of your life and do something with it? Having someone with experience and knowledge around you will motivate you to chase your dreams as well. A men's coach can show you that there is a "different way" to approach life and not be a passive bystander.

You Need a Strong Male Figure

Men can form a special bond between them. It's not just about having a superior or an elder. It's about respect and mutual agreement. The old-school "let's shake on it" method has a lot more value than you might think.

Simply put, if you promise something to your coach, you will put in a lot of effort to make it come true. Every man has this masculine biology that makes him want to keep his word and prove his worth. It's only about admitting this to yourself. Lots of guys that have been demasculinized will be detached from this feeling.

However, men's coaches know to recognize this and help bring the person to higher standards. It's not about money, it's about integrity and proving that you're a man of your word. This kind of relationship teaches you accountability; it prevents you from being small, hiding your weaknesses, and making excuses for yourself. [continued ...](#)

For more information on what Advanced Men's Development can offer, please visit <https://www.AdvancedMensDevelopment.com.au/>

I hope you have enjoyed this article? The above section will be a regular feature of future newsletters. If you know of anyone that could write an appropriate article for the newsletter, then please get in contact with me at newsletter@CecilsMensHub.com.

SPECIAL ANNUAL EVENTS

The next yearly event is one that is very important for the health of all Males across Australia and The World. Its goal is to increase awareness of male health issues on a global level and to encourage inter-and intra-national institutions to develop health policies and services that meet the specific needs of men, boys, and their families.

Men's Health Week is a state, national and international celebration of the strengths of men and boys. The organisers' partner with men's health organisations in each state.



WHEN: 13th - 19th May
TIME: All Week
WHERE: Various Locations Throughout Australia
CONTACT: Men's Health Week
WEBSITE: <https://www.menshealthweek.org.au/>
COST **FREE**

Men's Health Week ~ 13th - 19th June

Because the health status of males in most countries, including Australia, is generally poorer than that of females.

More males die at every stage of the life course, more males have accidents, more males take their own lives and more males suffer from lifestyle-related health conditions than females at the same age. Meanwhile, men are less frequent visitors to general practitioners, and the perception is that they don't care about health or that health services are not well-prepared to interact with men effectively. But that's not what Men's Health Week is about!

Men's Health Week was started in the United States by the US Congress in 1994 to heighten awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

In Australia, there were small and localised Men's Health Week events in Victoria and then in New South Wales from about 2000 onwards.

In 2002, the 2nd World Congress Of Men's Health was held in Vienna and brought together six leading men's health organisations including MHIRC to run international events in June each year, just before the United States and the United Kingdom Father's Day.

[More Information ...](#)



MONTH SPECIFIC EVENTS



WHEN: June 2nd
TIME: 19:00 - 20:30
WHERE: Online
CONTACT: Jason Bluett
WEBSITE: <https://www.facebook.com/PrimalManProject>
EMAIL: jason@primalmanproject.org
COST **FREE**

The Path – Turn PASSION, into PURPOSE and PROSPERITY

LACKING DIRECTION? DISTRACTED? PROCRASTINATING?

Go deeper than the productivity hacks to create a more PEACEFUL, POWERFUL, and PURPOSEFUL life through this immersive online experience.

As men we're born to strive and create; to contribute and be part of something greater than ourselves.

We've lost that belonging, the purpose that drove our ancestors to survive and thrive.

We GET to create our own PURPOSE, a future of our design and a life that's only limited by our imagination. In this world of unlimited possibilities, we get to create our future, NOW.

[More Information ...](#)



WHEN: June 3rd
TIME: 18:30 - 20:30
WHERE: Online
CONTACT: Brendon Giegel - AMD
WEBSITE: <https://www.advancedmensdevelopment.com.au/>
EMAIL: brendon@advancedmensdevelopment.com.au
COST **FREE**

HACK YOUR MINDSET – To Achieve Anything You Want In Life

Have you ever heard someone say to you “Be positive” or “Look on the bright side?”

Why look on the bright side when you can create the bright side!

I'm sure you've heard it before,

- mindset is everything!

So let's use it to your advantage.

I want to teach you to think bigger and show you that nothing is out of your reach.

If you don't think so, guess what, it's your mind saying so. Get your mind on your side.

Hack your mindset and stop living small!

[More Information ...](#)



WHEN: June 3rd for 12 Weeks
TIME: 19:30 - 20:30
WHERE: Online
CONTACT: Jason Bluett
WEBSITE: <https://www.facebook.com/PrimalManProject>
EMAIL: jason@primalmanproject.org
COST \$2,897.00

Primal Man Project – Crafting Chieftains

COACHES, FACILITATORS AND CREATORS

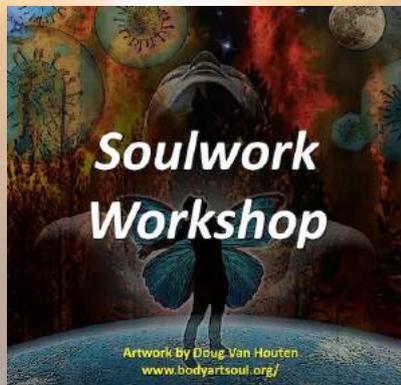
FEELING OVERWHELMED, CONFUSED AND A LITTLE LOST?

You have a powerful **CALLING** to impact the world...

BUT

- You don't know **HOW** to **CREATE**, **RUN** or **EXPAND** a coaching business?
- I get it, I've been there...
- I didn't...
- Know where to find or how to attract my ideal clients
- Know what to offer or how much to charge
- Feel comfortable 'selling' to people
- Feel like I was qualified or ready to start coaching

[More Information ...](#)



WHEN: June 5th
TIME: 09:00 - 17:00
WHERE: Currawong Bush Park, 269-Reynolds Rd, Doncaster East VIC 3109
CONTACT: Melbourne Men's Group 1300 96 7474
WEBSITE: <http://www.mensgroup.melbourne/>
EMAIL: info@mensgroup.melbourne
COST \$95.00

Soulwork Workshop

David Mallard, President of Melbourne Men's Group, facilitates a one-day 'taster' program for men and women that is rooted in the Soulcraft™ body of work developed by Bill Plotkin PhD, founder of Colorado's Animas Valley Institute.

During the day we'll navigate through the 'Nature-Based Map of the Human Psyche' (the 'Wild Mind' map) and will explore:

- the integrated field of spirit, mind and soul
- the innate untapped capacities gifted to us by nature (which are largely suppressed by contemporary culture)
- our fragmented and/or wounded parts (the 'sub-personalities) that limit our uniqueness and authenticity
- how to walk the journey toward wholeness
- the concept and practice of Soul initiation.

[More Information ...](#)



WHEN: June 5th - 7th
TIME: 14:00 - 16:00
WHERE: Camp Geographe Busselton. Geographe Bay, 162 Caves Rd, Siesta Park WA 6280
CONTACT: +61400527780
WEBSITE: <https://www.goodblokes.co/>
EMAIL: mike@goodblokes.co
COST \$1,450.00

Father & Son Connection Camp

For 12-to 14-year-olds (Year 7, 8, 9) boys and their father or a significant male mentor.

A powerful weekend of connection, laughter, fun, games, challenges and real conversations about manhood under the Peppermint trees on Geographe Bay in Busselton.

An extended weekend making memories and strengthening your connection with your son ahead of the rollercoaster of the late-teen years.

A chance for your son to hear the stories of men and to explore his transition to manhood and what it means to be a good man.

Gain a deeper understanding of whom your boy wants to become a young man and how you can support him to grow into the responsible, resilient young man he was born to become

[More Information ...](#)



WHEN: June 11th - 13th
TIME: 16:00 - 15:00
WHERE: Camp Site - Doon Doon
664 Commissioners Creek Road Doon
CONTACT: 0407 029 002
WEBSITE: <https://www.themateshop.com.au/>
EMAIL: themateshopgc@gmail.com
COST \$333.00

Man to Mate – “The Journey Within”

“Connect to your heart, transform your mind and celebrate life”

Immerse yourself into the journey of full self-expression, culture and healing to expand and connect to your brothers, community & your higher self, with like-minded men.

This retreat program features an exhilarating list of workshops, music entertainment, inspirational walks, cultural introduction and connecting with nature. Be encompassed by the spirit of other men connecting and treat yourself to three days of community in a healing, natural environment.

This is your time to activate your soul, rejuvenate your inner warrior and celebrate life. Expand your horizons, meet new friends, engage in expansive and deepening activities, fire, dance, breath, heal, relax and unlock your fullest potential.

[More Information ...](#)



WHEN: June 11th - 14th
TIME: 16:00 - 15:00
WHERE: Bamarang Bush Retreat 145 Bamarang Road, Bamarang, NSW 2540
CONTACT: National Men's Gathering Association
WEBSITE: <http://nswmen.org.au/>
EMAIL: gatherings@nswmen.org.au
COST \$460.00

Sydney National Men's Gathering

In life's journey, how do we know if we're going the right way?

Even if we keep following all the usual signs will the safe, comfortable, familiar path ever really satisfy us?

If we got lost would we find only fear or also help from strangers and from our own unexpected inner strengths.

At "Lost" 2021, we will endeavour to get lost together and to find more of ourselves.

Check-in: from 4 pm to 6 pm on Friday 11th June

Check out: 3 pm Monday 14th June

[More Information ...](#)



WHEN: June 12th
TIME: 06:00 - 18:00
WHERE: Cedar Creek, Samford Cedar Creek Falls Samford Valley, QLD 4520
CONTACT: Primal Man Project
WEBSITE: <https://www.facebook.com/PrimalManProject>
EMAIL: jason@bluett.org
COST \$419.92

Primal Man Project – Day Long Retreat – Sharpen the Spear

BURNT OUT? STRESSED? DISCONNECTED? LACKING DIRECTION?

A transformative retreat to immerse you in the medicine of nature to reflect, reset, recharge and reclaim your body, mind, heart and soul.

Modern life takes a lot from us as men. As professionals, providers, partners and as men, life can take more than it gives.

There is a warrior in all of us that needs time and space to sharpen the proverbial spear. As men, we need to take time to REFLECT, RESET, RECHARGE and RECLAIM our lives.

WHAT YOU'LL GET FROM THIS EVENT:

Clarity on what's holding you back in life

[More Information ...](#)

HOLDS THE TREASURE THAT YOU SEEK

Joseph Campbell

WHEN: June 12th- 18th
TIME: 1300 - 14:00
WHERE: Iluka Northern NSW 2466
CONTACT: Innate Wisdom Connection
WEBSITE: <http://innatewisdomconnection.com.au/>
EMAIL: info@innatewisdomconnection.com.au
COST \$1,450.00

Hero & Heroine's Journey

The initiation into a more meaningful and deeper life!

Are you feeling a call to live a deeper life more aligned with your passions?

Is life throwing you a curveball, blocks or confusion?

Is it time to resolve, heal and step up to your life's passionate purpose?

Our journey through life's challenges can be so much easier when we have a map, support and the life-changing embodied experiences of the Hero/Heroine's Journey!

[More Information ...](#)



WHEN: June 14th - 20th
TIME: 09:00 - 17:00
WHERE: Bunjil Place Library, 2 Patrick Northeast Drive, Narre Warren VIC 3805
CONTACT: The Pathways Foundation 1300 850 766
WEBSITE: <https://pathwaysfoundation.org.au/>
EMAIL: admin@pathwaysfoundation.org.au
COST **FREE**

Men With Heart ~ Exhibition

[Pathways Foundation](#) is inviting the members and supporters of Menswellbeing to Men With Heart, a photographic exhibition portraying positive masculinity at the Bunjil Place Library in Narre Warren

In 2018 Tasmen create the Men With Heart exhibition with photographer Paul Hoelen, using photographs Hoelen had captured at Tasman's annual men's gatherings over almost twenty years. Each photo is accompanied by an audio-visual sharing from the men featured in the photos. The exhibition was named winner of the Tasmania Men's Health Awards in 2019.

Now, this exhibition comes to the mainland. There is no need to book for this event – just meet us at Bunjil Place Library!

[More Information ...](#)



WHEN: June 15th
TIME: 18:30 - 21:30
WHERE: Pulse, 149B Glenlyon Road, Brunswick, 3056
CONTACT: Amitayus Syzygy @Being Human Project
WEBSITE: <http://www.b-inghuman.com/>
EMAIL: amitayus@b-inghuman.com
COST \$125.00

Transforming Relationship Patterns

Have you noticed that certain patterns repeat themselves in your relationships?

For example, perhaps, in the beginning, romance, excitement and fulfilment are centre stage. Anything that the other does or says is charming, cute or sexy, and the sex is frequent, passionate and intense. Then a point comes, it may be a week or a year when suddenly it seems as if everything has gone wrong. There is more fighting than sex. The things that used to be adorable are frustrating. As much as you love your partner, you just can't get along. Maybe you slog it out for a while, holding out hope of a return to the Eden of the early phase. Or maybe you rip the band-aid off and move on, as painful as it is for both of you, rationalising that the next relationship will be a better fit, or you'll find 'the One.'

The deeper knowing is that *every* relationship will go through some variation of this type of pattern. So what can be done?

[More Information ...](#)



Traditioneller Bogenbau nahe Dresden

WHEN: June 18th - 20th
TIME: 17:00 - 17:00
WHERE: Dresden, Germany
CONTACT: Narrative Yoga +61402322200
WEBSITE: <https://narrativeyoga.com.au/>
EMAIL: lars@narrativeyoga.com.au
COST \$275.00

Traditional Wooden Longbow Making in Dresdner Land Arnsdorf Germany

Die Kunst des traditionellen Bogenbaus mit Lars Richter

Lars lebt in Australien kommt im Sommer nach Deutschland
von Freitag, 17 Uhr bis Sonntag, 17 Uhr
Kulturgarten, Moerser Str. 241, 47228 Duisburg

Hast du dir immer schon einmal gewünscht, deinen eigenen Bogen zu fertigen?

Wenn du Freude daran hast, selbst die Kunst des Bogenbaus zu erlernen, dann findest du im Kulturgarten ein Event der besonderen Art:

Lars Richter begleitet dich dabei, unter fachmännischer Anleitung deinen eigenen Langbogen zu bauen. Im Retreat bringt er dir die jahrhundertealte nordamerikanische Tradition des Bogenbaus nahe. ..

[More Information ...](#)



WHEN: June 19th
TIME: 08:00 - 17:00
WHERE: The Archer Mountain Community
68 Myleema Road, Mount Archer 4514
CONTACT: Authentic Counselling Men
WEBSITE: <https://www.counsellingmenbrisbane.com.au/>
EMAIL: authentic@counsellingmen.com
COST \$180.00

Authentic Life™ Men's Day Retreat

1 - 1 Day Retreat at Mt. Archer

What:

1 Day Workshop for you (men) who want to live an Authentic Life™. It will be based on the metaphor of the Tree of an Authentic Life.

Authentic Life is a life where all decisions are based on a deeper and authentic examination of your own most profound level of consciousness with the courage to follow them through.

It is a life to the full! It is abundant life! It is an examined life!

[More Information ...](#)



WHEN: June 25th - 27th
TIME: 13:30 - 17:00
WHERE: The Rock, ESK, Brisbane, 878 Mount
Byron Rd, Mount Byron QLD 4312
CONTACT: MENifesto
WEBSITE: [https://breathehealthretreats.com/
product/the-4-archetypes-mens-retreat/](https://breathehealthretreats.com/product/the-4-archetypes-mens-retreat/)
COST \$1275.00

The 4 Archetypes Men's Retreat

In The 4 Archetypes Men's Retreat, we will go on an experiential journey together in a beautiful, yet rugged natural landscape. Professionally facilitated in a remote and private wilderness property, the location is around a 2-hour drive from the Gold Coast, or 90 minutes inland from Brisbane.

We will experience a variety of workshops, involving 'breathwork', cold exposure, and other modalities. Our self-enquiry is set around a theme of 'The 4 Male Archetypes'.

Our mission is to share what has worked for us because we know just how beneficial such exploration and support can be. We have felt all manner of human experiences. Numbness, being out of control, confused, depressed, anxious and all things in between. We still do experience such challenges at times, but knowledge of ourselves and a great support network helps us to find our way out quicker. We want to offer that to you.

We offer this experience and mentorship outside amongst nature, to help to shine a gentle light onto your blind spots, with a group of supportive men.

[More Information ...](#)



WHEN: June 25th - 27th
TIME: 20:00 - 18:00
WHERE: Dwellingup WA
Dwellingup, Western Australia
CONTACT: MKP Western Australia 0411 122 600
WEBSITE: <http://mkpwa.org.au/>
EMAIL: dberos@inet.net.au
COST \$985.00

New Warrior Training Adventure

The NEW WARRIOR TRAINING ADVENTURE is the most life-changing men's training weekend available.

It will help you take action to improve your life, your relationships, your family, and your community. You will have the opportunity to look with fearless honesty at the life you have created – and make profound choices about what you want to keep, what you want to expand, and what you want to let go of. At the NWTA you will be challenged and supported to learn about yourself.

The New Warrior Training Adventure is a modern male initiation and self-examination. We believe that this is crucial to the development of a healthy and mature male self, no matter how old a man is. It is the “hero's journey” of classical literature and myth that has nearly disappeared in modern culture. We ask men to stop living vicariously through movies, television, addictions and distractions and step up into their own adventure – in real-time and surrounded by other men.

[More Information ...](#)



WHEN: June 29th
TIME: 20:00 - 18:00
WHERE: Pulse, 149B Glenlyon Road,
Brunswick, 3056
CONTACT: Amitayus Syzygy @Being Human Project
WEBSITE: <http://www.b-inghuman.com/>
EMAIL: amitayus@b-inghuman.com
COST \$125

Building the Container of Conscious Relationship

An intimate relationship is one of the most important aspects of life to many people, and yet we often get no guidance on how to do it well. Generally, we just follow the patterns that we've received from our parents and our families, perhaps with a promise to ourselves that 'we'll be better, or 'we're not going to do it like that. There is no class on relating in school, our society valuing things like logic, reason and memory much higher than the skills that are important for inter and intra-personal relating.

The skills, and practices to develop those skills, that are vital for a healthy relationship are what we will be exploring in this workshop. At the top of that list are conscious communication, honesty, trust, self-awareness, empathy, the ability to be vulnerable and present.

These qualities consciously mixed together is the solid foundation of a beautiful conscious relationship. They create the 'container' in which the magic can happen, the sacred alchemy of transformation, evolution and growth, unfolding through love and nurturing, as well as the challenge that relationship brings. [More Information ...](#)

REGULAR AND ONLINE EVENTS ...



Victorian Brotherhood Zoom Chat #RaiseAPen

- WHEN:** Monday 7th, 14th, 21st, 28th June 19:30 - 21:00
- WHEN:** Wednesday 2nd, 9th, 16th, 23rd, 30th June 19:30 - 21:00
- WHEN:** Friday 4th, 12th, 18th, 25th June 19:30 - 21:00
- WHEN:** Sunday 6th, 13th, 20th, 27th June 19:30 - 21:00
- WHERE:** Online/Virtual
- CONTACT:** <https://www.facebook.com/groups/VicroianBrotherhood>
- EMAIL:** info@victorianbrotherhood.info
- WEBSTE:** <https://victorianbrotherhood.info/>
- COST** **FREE**

SHARE this message, an initiative from Victorian Brotherhood Male Support and Suicide Awareness to break a culture revolving around drinking and substances to mask problems. Men supporting other men, how it should be.

A problem in society is many listen to respond, let's break that, we listen to understand. We run Zoom conversations working together to help our situations and changing lives. So far seen so many lives changed. 4 nights a week, Monday, Wednesday, Friday and Sunday nights at 7.30 pm, growing as men together, talking, listening and learning from each other. ACCEPT, UNDERSTAND, RESPOND. [More information ...](#)



Man2Man – Men’s Online Forum

- WHEN:** Last Monday of month 28th June 19:30 - 20:30
WHERE: Online
CONTACT: Secret Mens Business (SMB)
WEBSTE: <https://www.facebook.com/groups/secretmensbusinessor>
COST **FREE**

MAN2MAN is a monthly online catch up open to all SMB members.

This event is scheduled for the last Monday of each month.

MONDAY 31ST MAY @ 7.30 PM -8.30 PM.

Each month Thomas Renshaw & Joe-y Busutil host a forum with a different topic.

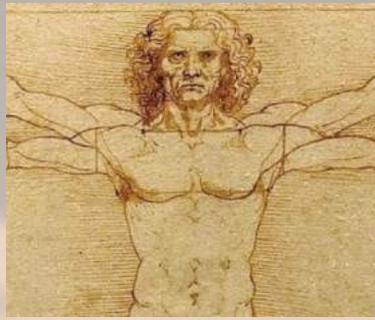
Topics will be based around MENS Lifestyle, Mental Health, Behaviour, Emotions, Family, Relationships & Social Expectations. [More Information ...](#)



Mongrels Men Meet Up

- WHEN:** Monday 7th, 14th, 21st, 28th June 06:15 - 07:30 Weekly
WHEN: Wednesday 2nd, 9th, 16th, 23rd, 30th June 06:15 - 07:30 Weekly
WHEN: Friday 4th, 11th, 18th, 25th, June 06:15 - 07:30 Weekly
WHERE: Dee Why Beach, NSW, Australia
CONTACT: Instagram @mongrelsmen Facebook @mongrelsmen
EMAIL: mongrelsmen@gmail.com
WEBSTE: <http://www.mongrelsmen.com>
COST **FREE**

Come join us for a sunrise walk, run, swim, surf, coffee & chit chat every Monday, Wednesday & Friday. Meet us at Dee Why Beach Steps at 6.15 am.



Men with Spirit Men's Group

- WHEN:** Monday 7th, 14th, 21st, 28th June 19:00 - 31:00 Weekly
WHERE: 52 Kars St, Frankston VIC 3199, Australia
CONTACT: Peter Anthony - 0419 440 665 Steve Angel - 0418 143 969
EMAIL: connect@menwithspirit.com.au
WEBSTE: <http://www.menwithspirit.com.au/>
COST 1st Group FREE - \$20 After

A different style of Men's Group ... Men helping Men thrive.

Men with Spirit is a weekly group for men who are looking for deeper meaning in their lives. We help men get out of their heads and into their hearts. We help men connect to their feelings and learn how to express themselves honestly and openly. We are guided by a set of personal and non-religious spiritual values that promote equality, honesty and expression without judgement. ... [More Information](#)



- WHEN:** Mondays 7, 14, 21 Thursdays 3, 10, 17, 24 Fridays 4, 11, 18, 25 June
WHERE: Online - Times Vary.
CONTACT: Teddy Churchill 970-618-3376
EMAIL: tchurchill@mensleadershipalliance.org
WEBSTE: <https://www.mensleadershipalliance.org/us/>
COST FREE Donations are Welcome

The Men's Leadership Alliance is committed to helping men achieve greatness in their lives. In a circle of trust, courage, and power, we challenge men to live fully in their maturity, with the support of their brothers. We help men meet the demands of their lives by aiding men in defining a healthy masculine self. This redefinition of masculinity cultivates generativity and compassionate strength so men can impact their families, workplaces and communities in positive ways. [All Days Men Ages 18+. More Information ...](#)



Menswellbeing ~ Common Ground

WHEN: Monday, Tuesday, Thursday in June 19:00 - 21:00

WHERE: Online and Physical Open Men's Groups

CONTACT: Nicholas Dob +61424 146 005

WEBSTE: <https://menswellbeing.org/omg/>

COST **FREE**

OMG MOMENTS - ...Men...Him...Us...Me...Namaste and good health to you, OMG's are here for your wellbeing and in turn, benefiting others. * BE REWARDED * IT'S EASY * IT'S FREE

What's happening in your life? Come along, connect and reap the benefits of sitting in a circle. You've been there before, you know the benefits, now it time to do it againdon't just say you will! We want to connect with you too. Join our OMG meetings to experience the wholesome opportunity to connect with good men ...[More Information ...](#)



Warrior Within Men's Circle (Melbourne)

WHEN: 4th Tuesday of Month 19:30 - 20:30

WHERE: The Fifth Direction, 82 St Kilda Rd, St Kilda, Melbourne, 3182,

CONTACT: Asher Packman

EMAIL: asherpackman@gmail.com

WEBSTE: <http://www.warrior-within.com.au/>

COST \$25.00

The Warrior Within Circle is a monthly gathering of men hosted by Warrior Within's founder Asher Packman in Melbourne.

We join together to discuss a specific theme, create space for a spontaneous flow, tell stories or simply sit in noble silence, breathing and meditating. Above all else, we are committed as brothers to supporting each other in living our warrior purpose. Entry is free for current members of the Warrior Within community (to join, head to www.warrior-within.com.au). Booking and ticket purchase is required for non-members only.

[More Information ...](#)



Primal Man Project – Virtual Men’s Circle

WHEN: Tuesday 1st, 8th, 15th, 22nd, 29th June
TIME: 20:00 - 21:30
WHERE: Online/Virtual
CONTACT: <https://www.facebook.com/PrimalManProject>
EMAIL: jason@bluett.org
COST **FREE**

- ISOLATED? * DISCONNECTED? * CHALLENGED? * LOOKING FOR A GROUP OF GOOD MEN?

There was a time when we sat around the fire to share what was going on in our lives. Share the challenges, the triumphs, and just be men. We’ve lost that.

[For more information ...](#)



Conscious Men's Brotherhood (CMB) Sunny Coast ~ Walk

WHEN: Tuesday 1st, 8th, 15th, 22nd, 29th June
TIME: 06:00 - 07:00
WHERE: Moffat Beach, Sunshine Coast, Queensland
CONTACT: <https://www.facebook.com/groups/CMBsunnyCoast>
COST **FREE**

Meeting every two weeks on a Tuesday morning at 6 am down at Moffat Beach. Men sharing & growing the wins & challenges of being a Man. And wanting to explore and embody to BE the best version of ourselves possible

[For more information ...](#)



Gathering Men • On-Line Gathering

WHEN: Tuesday 1st (First Tuesday of Month)
TIME: 19:00 - 20:30
WHERE: Online/Virtual
CONTACT: <https://www.facebook.com/gatheringmen>
WEBSITE: <https://gatheringmen.org/>
EMAIL: connect@gatheringmen.org
COST **FREE** Donations are Welcome

WHY

We believe Australian men need connection now more than ever before. So we've created a safe place for Men to do just that. This gathering is open to all men 21 years and over. The invitation extends to regulars & new men. Please share this invitation with a man you feel would benefit from the experience. Numbers are limited to ensure our gatherings remain intimate [For more information ...](#)



Melbourne Men's Group

WHEN: Tuesday 1st, 8th, 15th, 22nd, 29th June 19:30 - 21:30
WHERE: North Fitzroy, Highett, Werribee South, Warrandyte
CONTACT: MMG on 1300 96 7474
WEBSTE: MensGroup.Melbourne
COST **FREE**

A not for profit, volunteer organisation established by men for men in 1998. Open to any man of any age, we support personal growth, well-being and enhanced community. We offer authentic communication and connection, minimising the isolation many men experience through free, open, weekly men's group meetings, mentoring and transformational learning programs. There are no political or religious affiliations and new participants are very welcome. Contributions welcome.

More Information ... [4 Chapters of Groups across Melbourne: Central, Eastern, Southern and Western](#)



Kulin Open Group for Men

WHEN: Tuesday 1st, 8th, 15th, 22nd, 29th June- 18:30 - 21:00 Weekly

WHERE: Online 8th, 22nd June 2-Weekly

WHERE: In-Person - 1st, 15th 2-Weekly Ashmore Street, Brunswick VIC

CONTACT: Demian Natakhan 0468 309 863

EMAIL: info@mkpvic.com.au

WEBSTE: <http://mkpvic.com.au>

COST **FREE**

We are open for all Men to come along and take a fresh look at their own lives in a safe, powerful and confidential way with other men on their journey. The purpose of this group is to create a safe AND challenging place for men to find support and solutions in becoming better fathers, son's, husbands, professionals, partners and more. [More Information ...](#)



Men Talking About Feelings. AGW

WHEN: Tuesday 1st, 15th, 29th, 18:30 - 22:30 (Every fortnight)

WHERE: The Good Brew Company, 54 Hope St, Brunswick

CONTACT: [Dean O'Callaghan and Men talking about Feelings](#)

COST **FREE**

BYO pizza ingredients. crafty beers, cocktail makings, table tennis bats.. or just yourself. pizza, kombucha and table tennis provided. [For more information ...](#)



One Dad ~ Free Online Sharing Circle

WHEN: Wednesday 16th 20:00 - 22:00 Third Wednesday of Month

WHERE: Online

CONTACT: One Dad

EMAIL: onedadpod@gmail.com

WEBSTE: <https://www.facebook.com/onedadpod>

COST **FREE**

INTENTIONS OF THIS FB MEN'S GROUP:

- To create a unique conversation between men on a social media platform.
- To explore deeper, richer, and more meaningful conversations that make a difference to who we are as men, and to the lives of those around us.
- [More Information ...](#)



Complete Men Group

WHERE: Online - Thursday 3rd, 10th 18:45 - 21:00

WHERE: In-Person - Wednesday 2nd, 9th, 16th, 23rd in Robina 18:45 - 21:00

WHERE: In-Person - Thursday 3rd, 10th, 17th, 24th in Coomera 18:45 - 21:00

CONTACT: Tim on 0422 508 533

WEBSTE: www.completemen.org/mens-groups.html

COST **FREE**

MEN SUPPORTING MEN - More and more men are rediscovering joy, connection, and purpose in their lives through the simple practice of sitting in a circle and being real with other Men. To see what other Men have found in these groups, check out Complete Men. We have 2 Online Groups every week. Wednesday & Thursday physical groups. Using the Zoom app, we are able to have up to 16 men join a virtual Men's group for 90 minutes. [More Information ...](#)



The Gathering

- WHEN:** Thursday 3rd June 18:45 - 21:30 (First Thursday of month)
WHERE: Freedom Float Centre, 5/105 W Burleigh Rd, Burleigh Heads QLD 4220
CONTACT: Breathe Health Retreats
EMAIL: <https://breathehealthretreats.com/contact-us/>
WEBSTE: BreatheHealthRetreats.com
COST \$25

The Gathering is a place where men and women gather to learn from one another, listen to each other, and discover their own truth. There is a different topic each month, please inquire with Breathe Health Retreats for more information.

It is run by members of our Gathering Crew, who in their own right are all experienced group facilitators and share a passion for creating spaces for people to be seen, heard, and grow. [For more information ...](#)



OMG (Open Men's Group) at Chermside Library

- WHEN:** Thursday 3rd June 18:45 - 21:00 (First Thursday of month)
WHERE: Chermside Library, 375 Hamilton Road, Chermside QLD 4032, Australia
CONTACT: Breathe Health Retreats
EMAIL: admin@menswellbeing.org
WEBSTE: <http://www.menswellbeing.org.au/>
COST **FREE**

OMG is happening at Chermside, Men sitting in a circle – being real and talking and listening and benefiting. Open Mens Group – FOR YOU OR A MAN YOU KNOW – That's an OMG!

[For more information ...](#)



Build a Brotherhood - Men's Group

- WHEN:** 3rd, 17th (1st and 3rd Thursdays of the Month) 18:30 - 20:00
WHERE: Mooroolbark Eastern Suburbs, Melbourne
EMAIL: Build a Brotherhood admin@buildabrotherhood.com
WEBSTE: <http://BuildaBrotherhood.com>
COST **FREE**

The facilitator lost their brother to suicide which made me realise the lack of support for men's mental health. We are trying to build a brotherhood to help put an end to men suffering in silence.

We welcome all Men to come to join us for our Brotherhood meet up. Men come for support, to share their experiences or to listen. Bring a chair, snacks and soft drink. [More Information...](#)



Island of Men - Men's Sharing Circle

- WHEN:** Thursday 23rd 19:30 - 21:30
WHERE: [Online](#)
CONTACT: <https://www.facebook.com/IslandOfMen>
EMAIL: adrian@islandofmen.com
WEBSTE: Islandofmen.com
COST **FREE**

A monthly gathering and heart circle to connect with the IOM brotherhood. A space to check-in, share, be heard and be held in a safe container. Island of Men (IOM) is a not-for-profit organisation dedicated to creating transformational spaces for men. Our belief is simple; men's work to support men, women and the wider community. Zoom link will be emailed to you 30 minutes before the event commences. [More Information...](#)



Mammoth Hunters Weekly Group Video Men's Chat

- WHEN:** Thursdays 6th, 13th, 20th, 27th 19:00 - 20:00
WHERE: Online
WEBSTE: <https://www.facebook.com/groups/2503983306556483/>
COST **FREE**

*Group · Members of Mammoth Hunter's Club – overcome adversity, regain purpose, seek adventure
Our Last Group Zoom Video Chat Was A Success.*

“The next will be bigger and better”. It was awesome to meet some of our new and existing members, putting faces and voices to their names. We introduced ourselves, shared our interests, goals, challenges and really just chatting about anything on our minds. [More Information...](#)



The Man Walk ~ Philip Island

- WHEN:** Every Friday morning 4th, 11th, 18th, 25th
WHERE: Corner of Church Street and Thompson Avenue, Philip Island
CONTACT: 1300 948 947 Varoious Facilitators
EMAIL: malmccann53@gmail.com
WEBSTE: <https://www.facebook.com/pimensbreakfast/>
COST **FREE**

A group of guys have started walking each Friday morning at 7 am

Meet out the front of Alex Scott (Corner of Church Street and Thompson Avenue) Walk for about 45 minutes. Everyone Welcome.

#Manwalk #themanwalk

Mankind Project - iGroups Online

- WHEN:** All days except Saturdays in June - Times Vary
WHERE: Online Open Men's Groups
CONTACT: 1300 948 947 Various Facilitators
EMAIL: info@mankindproject.org.au
WEBSTE: <https://mankindproject.org.au/>
COST **FREE**

Face-to-face MKP Men' circles, or iGroups, have been suspended for the duration of the coronavirus health and safety restrictions. However, many groups are now meeting online, using the Zoom platform. To join a meeting, find the group, click to open and identify the group coordinator, and phone or text him for group conditions and how to access their Zoom number.



Men's Group Online

- WHEN:** 15 Men's Group per Month
WHERE: Online
CONTACT: Craig Wyld 03 8658 4080
EMAIL: craig.w@mensgrouponline.com.au
WEBSTE: MensGroupOnline.com.au
COST **FREE FOR 2 WEEKS** then Charges Apply \$47 per month

Men's Group Online is a social enterprise that supports an online membership community (tribe) of men. It's a safe, non-judgemental space for you to connect, share and find support. As a member, you will meet via Zoom online video in small groups (max 12 men).

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Current Men's Group Online Schedule: Every Sunday 5:00 pm Brisbane Time

Welcome to MGO - Induction Session - 60 Mins Every Sunday 6:45 pm Brisbane Time

Men's Group Online (MGO) Session - 120 Mins Every Tuesday 6:45 pm Brisbane Time

Men's Group Online (MGO) Session - 120 Mins Every Thursday 1:15 pm Brisbane Time

Men's Group Online (MGO) Session - 120 Mins [More Information...](#)



Online MenCheck-in ~ Mini-Men's Groups

WHEN: Lunchtime every day in June - Times Vary

WHERE: Online Open Men's Groups

EMAIL: info@mensgroups.co.uk

WEBSTE: <https://mensgroups.co.uk>

COST **FREE** Donations are Welcome

MenCheck-in was launched in response to the Coronavirus pandemic. It is currently running online every weekday at lunchtime by donation. This mini-men's group is a great space to share whatever's on your mind, release some pressure and connect with others. Up to nine men per group, though we split into smaller groups led by different facilitators if numbers are high. **FREE** Quickstart Guide for those who wish to start their own men's groups <https://mensgroups.co.uk/quick-start-guide/>



MenSpeak Men's Groups (Online)

WHEN: Daily Check-ins every day in June - Times Vary

WHERE: MenCheck-In

EMAIL: info@mensgroups.co.uk

WEBSTE: <https://mensgroups.co.uk>

COST **FREE** Donations are Welcome

A MenCheck-In is a great space to share whatever's on your mind, release some pressure and connect with others in a confidential and non-clinical space. MenCheck-In was launched in early 2020, in response to the Coronavirus (COVID-19) pandemic and lockdowns around the world. It's one hour, mini-men's group currently running online every day, Mon-Sat 12.30 pm-1.30 pm, Sun 10.30 am-11.30 am. We start with two minutes of silence, followed by brief introductions, including how you're feeling at this moment. (You are under no pressure to share and can say "pass" at any time.) [More Information ...](#)



Free BBQ's now online

- WHEN:** Saturdays and Sundays in June varied times (Please Check)
- WHERE:** BBQ's for Community & Connection
- CONTACT:** Terry Cornick
- WEBSTE:** <https://mrperfect.org.au/>
- COST** **FREE**

Like many men, our founder realised he was not Mr Perfect. After a lifetime of mental challenges, he finally navigated a semblance of a path to tackle them and found there was something missing in the support he accessed. Ironically his best mate called him “Mr Perfect” for years without knowing his struggle. Mr Perfect is a grassroots charity that brings men together at BBQs in local parks across Australia, to create community and connection. BBQ's subject to change, check the site before attending. [More Information...](#)

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ACT Barton, Canberra, Gungahlin, Canberra **NSW** Bathurst, Castle Hill, Central Coast, Coogee Beach, Cronulla, Sydney, Maitland, Hunter Region, Manly, Newcastle, Newtown, Inner West Sydney, Narellan, Western Sydney, Parramatta, Western Sydney, NSW, Surry Hills, Central Sydney, Taree, Windsor, NW Sydney, Wollstonecraft Sydney. **QLD** Burleigh Heads, Gold Coast, Caboolture, Sunshine Coast, New Farm, Brisbane, Paddington, Brisbane City, Townsville. **TAS** Ulverstone. **VIC** Benalla, Victoria, Echuca, Vic, Lilydale **WA** South Perth, WA



Voice Of Men ~ Addiction & Awareness

- WHEN:** Every Sunday 6th, 13th, 20th, 27th June
- TIME:** 10:00 - 10:30 Canadian ET
- WHERE:** Online/Virtual
- CONTACT:** [Voice of Men 360](#)
- WEBSITE:** <https://www.voiceofmen360.org/>
- EMAIL:** info@voiceofmen360.org
- COST** **FREE**

Voice of Men 360 is a non-profit organization, founded in 2020 and is based in Toronto, Canada. It is part of International Men’s Day which is a global organization. IMD follows 6 Pillars – overall the wellbeing of boys and men. Men in most cases, don’t talk about or discuss their life challenges, situations, struggles with anyone and that becomes more stress and pressure which is not only negatively affects them but also others around them. [More Information ...](#)

REGULAR CONTENT ...

Cecil's Men's Hub ~ Men's Groups Worldwide Directory



Did you know that my Cecil's Men's Hub ~ Men's Groups Worldwide Directory is ready and available, please visit to see how this platform can help change Men's lives and connect them to Men's Groups on a regular basis.

The Directory (over **450+** Men's Groups already) will initially cover Australia with Groups from London, UK, Ireland, Canada, Singapore, Austria and North America.

* Some of the Groups are under a 'Claims Listing', this will enable existing Men's Groups that find their Group to 'Claim' it as their own as a 'FREE'

Basic Group or upgrade to a 'Paid' Plan & gain extra benefits/features.

WHAT'S AVAILABLE?

The Directory will allow Men to search for their nearest Men's Group to their location **FREE** of charge!

It will enable any existing Men's Groups Worldwide to register a **FREE** to join and get a 'Basic' listing, they get listed in seconds, this will give them a low priority 'GoogleMaps ® Pin' search result, and this will be under 1 particular Association.

Some Men when searching for a Men's Group, have heard of a particular Men's Group type or Association.

It's for this reason that I have created Categories for each of the common ones to be used in the Search Bar, this will 'Auto-Fill' as the user types. Currently, there are 14 Associations that each Men's Group can be listed under, depending on their style of facilitation/origin that they follow.

THESE INCLUDE:

- * Australian Men's Shed Association, * Complete Men
- * Canadian Men's Shed Association, Individual Group,
- * Mankind Project (MKP) - Australia/UK/Canada,
- * Men's Wellbeing ~ Common Ground Trained, * Melbourne Men's Groups,
- * Menery Men's Group Network, * MensWork Project (Incl),
- * MensSpeak Men's Groups (UK), * Men's Team,
- * OM:NI (Older Men: New Ideas), * The Male Journey Ltd,
- * UK/Ireland Men's Shed Association.

Please read the full version of the launch document [here](#).

YEARLY MEN'S GATHERINGS ...

WHAT IS MEN'S GATHERING?

A Men's Gathering is where you can connect with other Men, from all backgrounds, religions, political and sexual persuasions. These gatherings offer a safe, non-judgmental, supportive space where men can explore the connections, modalities, challenges and exercises that facilitate real and lasting change. They all offer high-quality workshops from varied Modalities, that you are free to take part in as many or few as you wish. This is your time, to use as you wish but hey, why not take advantage of the experience? There are currently 15 Yearly Men's Gatherings as part of Open Ground training per year in Australia, plus others that are not part of the Common Ground training, and one in New Zealand.

MEN'S GATHERING BY MONTH

JANUARY



SYDNEY MEN'S FESTIVAL

The Sydney Men's Festival is a chance to talk, relax, participate in and run workshops with other men. The Festival is an annual event held at the end of January each year on the second last full week of the school holidays. The Festival is open to all men regardless of colour, creed, religion, sexuality, profession or employment status.

Affinity Groups

At the previous festivals, we have formed small groups to provide support and companionship. These affinity groups have provided a focus for each of us to share our experiences throughout the Festival. The groups take turns in preparing meals, washing-up and cleaning.

Workshops

Anyone at the Festival can present a workshop. In previous years, workshops have explored such issues as men's health, love, fear, shame and guilt, spirituality, anger, wild man, meditation, community, initiation, parenting, touch, sexuality and sensuality, wrestling, singing, massage.

Food

The first meal of the festival will be served at dinnertime on Sunday. For cost and health, meals are mainly vegetarian, sometimes with meat options, and are organised by the affinity groups with the help of the food coordinator. You are welcome to make arrangements if you have a special diet.

Activities

The camp is in bushland overlooking the Georges River, so there is plenty of opportunity for swimming and bushwalks. A cabaret is normally held on Saturday night.

Accommodation

Only a limited number of bunks with the mattress are available in dormitories or cabins, so please bring your own sheets and pillow. Also as a backup, please bring a tent, sleeping bag, pillow and mattress. [Read more...](#)

FEBRUARY

No Gatherings currently ...

MARCH



TASMEN MEN'S GATHERING 2021

Friday 5th – Monday 8th March

Connect to your heart in the company of non-judgemental, authentic men. We will be in a beautiful beachside facility called Spring Beach Youth Camp, south of Orford. That means less travel for our 'Interstaters', with plenty of space, privacy and easy access to the beach. These are modern facilities with better showers, easier catering and bunk beds for 100 men. There will be great food and you will meet great blokes. Covid safe procedures will be in place. From 3 pm Fri.

If you have any questions email Barry Fleming, our 2021 Gatekeeper: barryfleming1@gmail.com

(From <https://tasmen.org.au/tasmanian-mens-gathering/>)



Friday 26th – Sunday 8th March

'Men across societies and the ages have always come together to pass on the knowledge, clues, tools and secrets of being vibrant, dynamic Men in the world. We are continuing this tradition.'

It's going to be awesome this event, help Men in your Networks to connect & share, and gain some valuable insights, into themselves and others.

We have many Workshops already confirmed for the first Online Men's Gathering (OMG).

3 Days: Keynotes | Workshops | Sharing Circles | Networking

Cost:

Pay What You Can \$0 - \$10 - \$20 - \$50,

If you can't, come for free. We'd still love to have you!

(From OnlineMensGathering.com/)

APRIL



ISLAND OF MEN ~ HOBART

Once per year, April.

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with Self, Community and Nature.

We are excited to announce our upcoming event, 'IOM -

This is Me' will be occurring on December the 7th at Cataract Scout Park.

IOM is a unique experience that provides something different for each individual.

See the above IOM ~ Melbourne for more details...

There will be updates and instructions on the IOM Facebook page (facebook.com/islandofmen) leading up to the event so make sure you like the page to ensure you are receiving updates.

Looking forward to seeing you at 'Island of Men - This is Me' (From IOM <https://islandofmen.com/>)



EVERYMAN MEN'S GATHERING

Twice per year, May and November

When: See dates and times in specific months events

Where: Camp Eureka 100 Tarrango Rd Yarra Junction, Vic 3797 Australia

“Everyman” this successful event is on again at Camp Eureka.

Join us over three days to reconnect with yourself, others and nature.

The intention for Everyman Gatherings is to co-create a space where men, having the desire to share themselves deeply and authentically, can connect, support and challenge one another towards greater self-empowerment, intention, self-awareness and self-responsibility, whilst nurturing deeper respect and connection to nature and each other. [More Information ...](#)



IOM #6 - METAMORPHOSIS

Four per year, April, July and November, December

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with self, community and nature. We are excited to announce that this event will be unlike any island before. We have an incredible new location, new facilitators and a brand new program.

The last 12 months have been a challenge for people all over the world and many have suffered incredible heartbreak and loss, to not just the pandemic but the mental issues it has brought upon us as a community.

We've also seen the power and incredible commitment of our communities, specifically our frontline health workers who have more than risen to the occasion when it was needed most. It is with these heroes in mind that the IoM committee decided to dedicate this event as an opportunity for all men to grow, evolve and thrive as we begin life again in 2021.

That's why we are excited to announce our next IOM event "Metamorphosis" on the 25th of April 2021 at Gilwell Park from 10 am to 6 pm (please arrive at 9 am for registration, coffee and catch-ups)

"What a day!

A fantastic experience to be surrounded by so many amazing hu-men. The workshops were great, the love felt by all, the power of the Sacred Heart circle. This is a much-needed facility in a time where I, as a man, realise it's on me to create the change I want for myself and my surroundings. And to spread that change to all men around me. A powerful tool to claim back our masculinity.

"What an amazing day. Very full and heavy heart by the end, in a very good way!"

Truly powerful and inspirational work behind the guys that brought this beautiful space together. What an Honour it was to be apart of this event !! An absolute must for Men - Please do more.

"A great day organised by great people, I went in hungover and came out inspired!"

(From IOM <https://islandofmen.com/>)



ISLAND OF MEN ~ SYDNEY

Two per year, April and December

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with Self, Community and Nature.

We are excited to announce our upcoming event, 'IOM -

This is Me' will be occurring on December the 7th at Cataract Scout Park.

IOM is a unique experience that provides something different for each individual.

See the above IOM ~ Melbourne for more details...

There will be updates and instructions on the IOM Facebook page (facebook.com/islandofmen) leading up to the event so make sure you like the page to ensure you are receiving updates.

Looking forward to seeing you at 'Island of Men - This is Me' (From IOM <https://islandofmen.com/>)

MAY



Manshine 2021 is Friday 30th April – Monday 3rd May 2021

When the landscape has been burned and scarred, it may look to be alien, uninviting and desolate. In the natural world, a charred landscape can enable something fresh, new and energetic to emerge. Order can come from chaos.

Our landscape can regenerate.

How is your landscape doing?

Manshine 2021 has workshops to energise, question and explore – all the tools you need to help seed your own regeneration.

At Men's Wellbeing, we pride ourselves on supporting men through whatever they are going through, whether they are flourishing and looking to enrich their lives or they have hit a crisis and are reaching out for help. You will find men from many different backgrounds and experiences all coming together for the long weekend in May to help support one another along the journey. [Read more ...](#)



WISE MEN GATHERING

Wise Men Gathering 2021 is Friday 21st May – Sunday 23rd May 2021

A Call to the men... to gather.....to connect and feel one another's presence.. to be heard and understood as men... to be seen and to see one another's vulnerability, our strength... to discuss what it is to be an authentic man in today's world...

Connect and meet together to examine and explore that which is missing in our modern world... our birthright. Few ways are truly open to us as men today, to prove our mettle and to test the limits of masculinity.

The frontiers now lie within ourselves, in our ability and capacity to bravely and honestly explore who we are, without macho ideals, and to discover the man we strive to be. Join us for a weekend of viewing, witnessing, and discussing the archetypes of modern masculinity.

[Read more ...](#)

JUNE



SYDNEY NATIONAL MEN'S GATHERING

11th – 14th June 2021

'Lost' 'In life's journey, how do we know if we're going the right way?'

Even if we keep following all the usual signs will the safe, comfortable, familiar path ever really satisfy us? If we got lost would we find only fear or also help from strangers and from our own unexpected inner strengths.

At "Lost" 2021, we will endeavour to get lost together and to find more of ourselves. [More Information ...](#)

Check-in: from 4 pm to 6 pm on Friday 11th June

Check out: 3 pm Monday 14th June

Cost: \$460

[Book Now](#)

Venue: Bamarang Bush Retreat 145 Bamarang Road, Bamarang, NSW 2540

JULY



Bedrock is hosted by our Elders Circle. Bedrock is unlike any other Gathering. Bedrock is largely unstructured.

Conversations go where they need to go.

What needs to be discovered and revealed – happens.

We sit in the presence and magic of The Rock, under the towering escarpment and the mysterious gums.

Bedrock is a smaller, more intimate, and unique Men's Wellbeing gathering held annually at The Rock. This invitation is to men of all ages who are open to new learnings and seeking to deepen their maturity, their relationships, and also have fun and dine on exquisite food!

Bedrock is limited to 50 participants and promises to be full of meaningful experiences, frivolity, musical sensation, poetry and shared wisdom. [More Information ...](#)

See Island of Men ~ Melbourne

AUGUST



Get more out of life

Whether your life is working well or you have some things to sort out, you will find that attending an Essentially Men workshop will provide you with powerful resources for your journey of personal discovery and growth.

Renewal, change, understanding...freedom

Thousands of men from all over New Zealand and all walks of life have found this outstanding programme a powerful catalyst for renewal and change.

So will you. You will build trust and feel safe. You will get a deeper understanding of yourself and will leave with the freedom to be the authentic you. These are not just talking workshops – they are potent experiences that will wake you up, give you skills, and change your life.

Men Being Real – Deep healing and inner authority. We can understand the roots of anger and depression and connect with our inner authority. (from <http://www.essentiallymen.net/>)

[More Information ...](#)

SEPTEMBER

No Gatherings currently ...

OCTOBER



MENERGY MEN'S GATHERING

Menergy is the Victorian arm of a national not-for-profit organisation Men's Wellbeing that has been providing men's events and men's support groups for over 20 years.

Menergy is an all-inclusive 3 day Men's Gathering wilderness retreat that provides workshops and ritual around celebrating masculinity and helps men discover more of themselves in a nurturing, supported and trusted way. The detailed program we run has been developed for over 15 years and has seen thousands of men grow and learn through this process.

At the heart of a Menergy weekend is the opportunity to attend and partake in many of the myriads of workshops that are focused on Men's health and wellbeing. These workshops help men to be empowered in our masculinity through vulnerability, support, and a greater understanding of trusting ourselves and our unique gifts as men. (from Menergy.org.au)



MAN ALIVE

MAN ALIVE Men's gathering is a weekend away just for men - all men. Away from work, family and social commitments you can spend your time being instead of doing. MAN ALIVE open to all men from any background, religious, political or sexual persuasion. We encourage men to be real with themselves and others in a supportive and non-judgemental environment.

You can expect a warm welcome and plentiful conversation and laughter, with many opportunities to get to know yourself and others in a strongly grounded space of respect, growth and trust. We run our gatherings based on the concept of Open Space - where you can offer to host a session, ask for a specific session to be run, or participate where you are called to. This gives us the chance to co-create an agenda for the weekend that suits where we are all at. We also have components of ceremony and home groups, which support us to connect as a whole community and make sense of what we are learning together. [More Information ...](#)



MANHOOD

Manhood Men's Gathering is a not-for-profit men's community event with facilitated workshops, groups, activities and social time. The theme this year is Explore Healthy Masculinity – where each man is invited to define for himself what it means to be a better man in today's world.

The culture is open, accepting, warm and non-judgemental. Every man is welcome and can expect to learn and share equally. Come along and share your story and listen to the stories of other men. Deep respect is asked and given.

The gathering is held at beautiful Camp Bornhoffen, Numinbah Valley in the McPherson Ranges of the Gold Coast Hinterland. Retreat to mountain country, fresh air, a mountain stream with a waterfall, bonfires and spectacular views. (from ManHood.org.au)



SOUTHERN MEN'S GATHERING

The Southern Men's Gathering, October 16th to 18th 2020, is a Men's only event created to improve the emotional wellbeing of men.

The theme for our very first gathering is “Share the Journey” and as such, participants will share a beautiful weekend of connection, openness, authenticity, depth, support, respect and trust as they experience a range of different exercises and activities designed to allow them to explore their self-concept.

We invite you to join us in exploring your own unique expression of positive masculinity.

We hope to see you there?

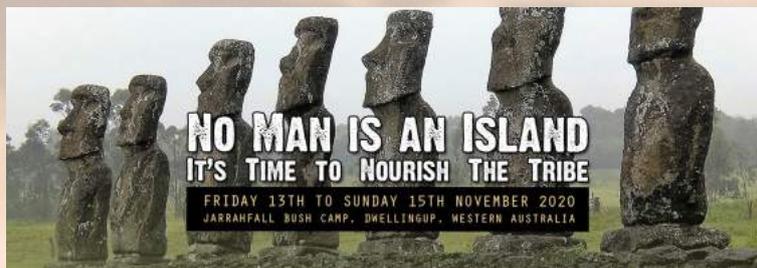
The Southern Men's Group is a voluntary organisation where men meet regularly to support one another to develop a healthy expression of their masculinity in the Fleurieu community.

SMG, in association with Tasmen and Henley Beach Mankind Project South Australia is now launching an annual gathering, the first of which is a 2-day residential experience in the heart of the beautiful Fleurieu Peninsula. [Read More ...](#)

NOVEMBER

See EveryMan Men's Gathering above ...

See Island of Men ~ Melbourne above ...



WEST AUSTRALIAN MEN'S GATHERING

Introducing the WA Men's Gathering 2020

“No Man is an Island: It's Time to Nourish The Tribe”

Well, it's certainly been a year to remember. Or maybe forget? How fortunate are we in WA; by good luck and/or good management, we remain free of community spread. So at this stage, we can confirm that the 2020 WA Men's Gathering will go ahead on November 13th – 15th.

In short, the Gathering is a live-in weekend, organised by every-day blokes, for men only. It provides a safe and supportive environment to explore current issues, tell their story, and have some fun together. It has been held in Perth every year since 1995.

Participants listen to guest speakers, attend experiential Workshops, and share stories in smaller “Affinity” Groups. It is a rare and valuable opportunity for men of all ages and backgrounds to be themselves, enjoy each other's company, and celebrate life as well-rounded blokes.

The 2020 Gathering will be held at Jarrahfall Bush Camp on the outskirts of Dwellingup over the weekend of November 13-15. Think masculine: a bush setting, fire pits, smoke, barbeques, “roughing-it” accommodation with bunk-house, swag and camping options, men's circles, great meals and a no-pressure program, easy on the introspection scale. (from <https://www.wamensgathering.org.au>)

DECEMBER



ISLAND OF MEN ~ SYDNEY

Two per year, April and December

See April Details...



GATHERING MEN

Australian Men are in a perilous place.

The hard facts: 6 of 8 suicides. 7 days a week

Our Men need a time out. A moment to catch their breath. They're calling for a safe space. To let it out. To be open, honest, vulnerable.

A place to rediscover connection, meaning & purpose in their lives. We're listening carefully. Opening our hearts & minds. And crafting such a place.

Welcome to a fresh, new approach to Australian Men's Health & Well Being. Together, we're creating something rather different. Join us as we re-imagine healthy masculinity.

Welcome to our place. To your place. A safe trusted space for men to deeply reconnect.

- To ourselves. Each other.
- To Country.
- To First Nations wisdom.
- To Community.
- And the people we love most in our lives.

Story

[Read more ...](#)